

Active Family Wellness Center

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817-532-3110 • txwellnessdoc.com

Active Family Wellness Center is the go-to-place for holistic wellness solutions. Founded by Dr. Kenyon Godwin in 2010, the practice has been named Arlington's top chiropractic and/or wellness practice the past five years in *Arlington Today's* Readers' Choice awards; it also won the Arlington Chamber of Commerce's 2016 Veteran-owned Small Business of the Year. Dr.



Dr. Kenyon Godwin

Godwin recently opened a second office in the North Arlington area. **ABOUT THE PRACTICE:** "We believe people should have the freedom to pursue their purpose without limitations!" AFWC combines education, lifestyle modification and people-personalized services to help people live their best life. AFWC offers an effective lifestyle modification

program called 8 Weeks to Wellness. This program incorporates the best of wellness: Chiropractic, Nutrition, Massage, Fitness and Meditation/Prayer. **PHILOSOPHY:** "Our catalyzing statement is to make Arlington the healthiest city in the state of Texas," Dr. Godwin says. "Arlington is a place where families enjoy professional sports teams, theme parks, recreational sports, traveling and outdoor events. We help the family step up to those physical demands. We help people in the American Dream City live their dream by having the health to do so." **SERVICES:** The practice offers specific adjustments, corrective care for scoliosis and weakened spines, spinal decompression and functional wellness for those with brain fog, fatigue and hormonal imbalances. On the wellness side, AFWC offers massage therapy, weight loss, personal training/fitness classes, prenatal/pediatric adjustments and top-of-the-line supplements. Active Family Wellness Center has partnered with other providers to now offer Stem Cell Therapy/PRP and Counseling for families and first responders. As for technology, they have an advanced 3D functional movement analysis and the latest body composition analyzer. **WHAT MAKES THE PRACTICE SPECIAL:** "Patients tell us we are more than chiropractors and can tell a stark difference on the first visit!" Dr. Godwin says. "They love the feel of our office that adds to the results. We are able to help people where our current healthcare system has failed. Remember you can't medicate your way out of a problem you behaved your way into!"



Entrepreneurs

Audiology Experts

1261 W. Green Oaks Blvd., Suite 105 • 817-451-4818 • audiologyexperts.com

Audiology Experts is a privately-owned audiology and hearing aid practice located in Northwest Arlington that was founded in 2008. Dr. Lisa B. Fell is a Board Certified Audiologist who has steadily grown the practice by providing patient-friendly service and by implementing state-of-the-industry technology to help patients successfully address hearing issues.

PRACTICE HISTORY: Dr. Fell earned her Doctor of Audiology (Au.D.) degree from Arizona School of Health Sciences Center and holds undergraduate and Master's degrees from Texas Tech University Health Sciences Center. Prior to opening Audiology Experts, she worked at an ENT clinic in Arlington as a clinical audiologist. "Audiology Experts started small, but with big ideas of how to best serve people with hearing loss. As a result, the practice has flourished," says Dr. Fell. "At Audiology Experts, we are able to educate the families of patients, as well. More than a decade of steady growth means the future is very bright."

SERVICES: Audiology Experts is a provider-based practice for the hearing-impaired and hearing aid consumers. Dr. Fell has high standards of care for maximizing the consumer's hearing, listening and communicative abilities so they can continue to be productive in their daily professional and personal activities. In addition to hearing evaluations and hearing aid fitting, the practice offers tinnitus evaluation and management, custom solutions for hearing protection, assistive listening devices and hearing aid supplies.

PROFESSIONAL PHILOSOPHY: "Hearing healthcare is more than just fitting hearing aids!" Dr. Fell says. "Hearing loss is being linked to many things people find important today, such as mental health matters, including depression. What we do at the practice works in relationship with physicians to give them a more complete picture about their patient's health because hearing loss means more than saying 'huh?' I take time to look at the individual concerns and medical health – more studies are showing how health conditions like diabetes, dementia and heart disease are being linked to hearing loss."

Dr. Fell says Audiology Experts wants the people of DFW to know that Arlington has a thriving, privately owned audiology practice that provides the best hearing and communication possible for individuals



with hearing loss who want to live full and busy lives. "We were founded on the belief that success with hearing instruments depends on accurate diagnostic testing, excellent service, experience and dedication to our patients," she says.

COMMUNITY INVOLVEMENT: Audiology Experts supports the Kiwanis Club of Arlington and Boys & Girls Clubs of Greater Tarrant County via the Cinderella Ball. Dr. Fell often speaks to organizations that want to know more about hearing loss and its effects.

WHAT MAKES THE PRACTICE SPECIAL: Audiology Experts takes the time to put patients at ease by guiding them through the maze of options and correcting all the clutter of misinformation that the hearing aid advertisements provide. "The goal here is to build lasting relationships with each patient," Dr. Fell says. "Trust and confidence are integral to a patient receiving the most rewarding and unique hearing care experience he or she deserves. Any recommendation for managing hearing is tailored toward optimizing comfort, communication and happiness. Pursuing hearing aids with a caring provider at a conveniently located office with a friendly, well-trained staff makes the reward of better hearing and easier communication much more satisfying for all involved."

Great Skin Spa & Facial Club

3851 S.W. Green Oaks Blvd. • 817-478-2114 • greatskin4you.com

Brenda Cureton Smith, owner of Great Skin Spa & Facial Club, Great Skin Franchising Company and The Great Skin Care Co., LLC, began her career in the beauty business 13 years ago as the first U.S. franchisee of Canadian-based FACES Cosmetics.

From the multitude of experiences she gained from such, Brenda developed Great Skin, headquartered in Arlington, nine years ago, and the company has continued to grow and gain notoriety as an exceptional day spa and skin care provider, and GS is known for clients getting excellent results.

HOW THE COMPANY CAME TO BE:

Brenda's original interest in beauty stemmed from her many years of being intrigued by learning how to take care of her skin – how to retain its youth, how to age gracefully and how to use makeup as an enhancement vs. having to rely on it and still feel great about your appearance after removing your makeup. She pondered how to make receiving professional spa services a part of personal care vs. a special occasional visit or gift due to affordability.

Additionally, she recognized the need for relaxation, and the connection between looking good and feeling good (you know, feeling like a star or someone "Rich and Famous," so to speak), all while feeling celebrated as a client and having your needs met through someone knowledgeable who partners with you to meet your skin and body care needs. As she watched four women in different parts of the world have to close their franchise location of FACES, she found it necessary to have to start over from scratch, literally, at 50 years old, and worked diligently to develop a brand, concept and operating principals that embodied all of what she had learned and found to be important to clients with great consideration on what it takes to run a quality business so that it thrives and clients receive greatness and meet their beauty and skin care goals. Great Skin operates on principals of integrity, service, commitment and results! Clients rave about Great Skin, the results they get and the customer service and being a GS Facial Club member.

THE COMPANY'S EVOLUTION: Great Skin is now a franchise company, and while Brenda is an operating Master Esthetician, she is also the CEO of the company. Great Skin is an award-winning Day Spa and skin care company, well known for highly respecting each client's goals and working with them to achieve those goals by fully

understanding and matching their needs to the perfect skin care treatment plan and home care system.

ABOUT YOUR VISIT THERE: A brief needs assessment is done with each client prior to developing a treatment plan that is fitted to their exact needs. Often, your Great Skin esthetician will ask you to take a picture of your skin and/or body prior to the treatment and

throughout the treatment plan so you, too, can celebrate your success of achieving your goals. It's about partnership at Great Skin! Great Skin's slogan is "Relax, Rewind, Renew!"

SERVICES OFFERED: Great Skin specializes in Anti Aging; Acne; hyperpigmentation skin treatments; Facials; Chemical Peels; LED; Microneedling; Microdermabrasion; Waxing; Slimming Body Treatment, including non-surgical Fat Cavitation; Cellulite Treatments (Endermologie); Foot Detoxing, Makeovers, Teeth Whitening and their award-winning

Skin Care. Their signature product series is their Anti Aging Gold Tox System, a home care system that reduces wrinkles, dark spots, fine lines and increases collagen.

WHAT SETS THE COMPANY APART: Exceptional customer service, knowledgeable and educated skin and body care specialists, Affordable Pricing, Facial Club membership. Brenda is a resident of Arlington, originally from Wisconsin, and she holds a Bachelors Degree in Professional communication. She previously worked for AH Belo, the *Dallas Morning News* and the *Milwaukee Journal Sentinel*. She welcomes readers to come in and experience Great Skin Spa & Facial Club, as well as those interested in owning a Great Skin franchise location(s). The company is expanding throughout Texas and offers a turnkey franchise program that includes everything needed to successfully own and operate your own Great Skin Spa & Facial Club!

PS: Even though FACES is no longer offered in the U.S., you can purchase its foundation and powders at Great Skin. Cureton Smith also recently developed a product paying homage to her mother, Mattie, who was afflicted with Alzheimer's: "Hemp Healing Cream" for skin and body care. If you are looking for a great spa to beautify your skin and slim your body, or looking for a business opportunity where you help others, contact Great Skin Spa & Skin Care. Great Skin is also a 6-time winner of best skin care in Arlington!



Brenda Cureton Smith

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Advertorial

"In our first visit together, people often tell us they are concerned about whether they'll have enough money for retirement or they're worried about running out of money in retirement," said Kinney. "We believe everyone should enjoy the rewards of all their hard work. We understand their concerns and worries, which is why we are called on as a retirement resource."



Clients Jay and Sonja with Derrick

KINNEY AND HIS TEAM OF FINANCIAL ADVISORS CARE FOR THEIR CLIENTS USING 3 STEPS:

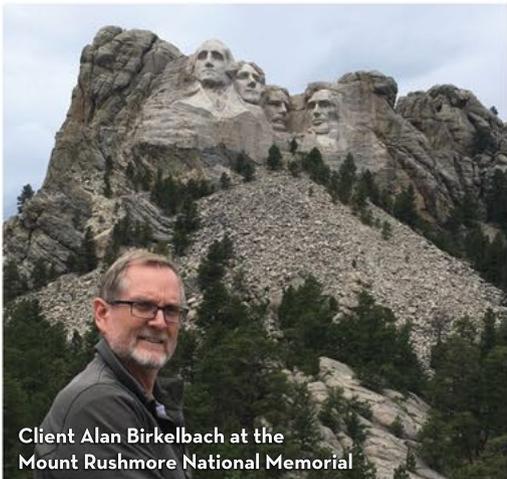
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-Derrick Kinney, Private Wealth Advisor

Derrick Kinney & Associates, a private wealth advisory practice of Ameriprise Financial Services, Inc.

They help their clients stop working longer than they need to and begin doing what they enjoy with less stress.



Client Alan Birkelbach at the
Mount Rushmore National Memorial

"Recently, a long-time client thanked us for helping her retire sooner and being able to live so comfortably in retirement," said Kinney. "Another couple sends a postcard from each National Park they visit. They're living their life-long retirement dream and they thank our team for helping make these trips possible."

SCHEDULE A VISIT NOW.



Derrick with clients Richard and Gloria

Located just north of the USMD Hospital at I-20 and Matlock, Derrick Kinney & Associates is conveniently located at 700 Highlander Blvd, Ste 335, Arlington, TX. To schedule a visit, call (817) 419-6001. For more information, go to DerrickKinney.com.

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John Parker

Parker & Richardson, P.C. • 500 E. Broad St., Mansfield • 817-226-6100 • parkercpas.com
 Texas Insurance Agency • 500 E. Broad St., Suite 150, Mansfield • 817-226-9988 • texasins.net

John Parker is a principal at two local businesses: the CPA firm, Parker & Richardson, P.C., and an insurance company, Texas Insurance Agency. Both have been in business in the Arlington/Mansfield area since the early 2000s, helping North Texas area clients meet their respective accounting and insurance needs. Here, he shares his thoughts on his companies and how they effectively serve their customers ...

ABOUT PARKER & RICHARDSON: I am fortunate to be involved in two distinct and separate businesses, the first being the CPA firm, Parker & Richardson, P.C. This firm was started in 2004, but its origination dates back to my solo CPA practice that started in 1995. Over the years, it has evolved into a boutique practice that specializes in catering to the distinct needs of our business owners. As both an entrepreneur and business owner, I can relate to and understand the issues associated with owning and operating a business. This experience, coupled with my tax expertise, allows me to be as tax-efficient as possible when assisting clients.

ABOUT TEXAS INSURANCE AGENCY: My other business venture is an insurance agency, Texas Insurance Agency, that has several locations in the North Texas area. The insurance agency started in 2001 and has grown steadily year after year.

SERVICES: The CPA firm provides tax planning and tax preparation, as well as accounting and consulting. We have several clients that have us handle all facets of their accounting needs. On the insurance side, we provide auto, homeowners, life and commercial insurance. We represent some of the best-known carriers, including: Allstate, Hartford, Nationwide, Progressive, Safeco and Travelers.

WHAT SETS THE COMPANIES APART: Both businesses work off of the same principles. We provide great service and do what is best for the client. These principles have been emphasized from day one and continue to be our focus on a daily basis. We truly care about our clients and their businesses. They see this and really come to trust and appreciate our services.

CONSULTATION INFORMATION: The best way for a prospective client to contact us is to call our CPA office at 817-226-6100 or the insurance office at 817-226-9988. I personally call back each prospective client to make sure that we can provide value to them.



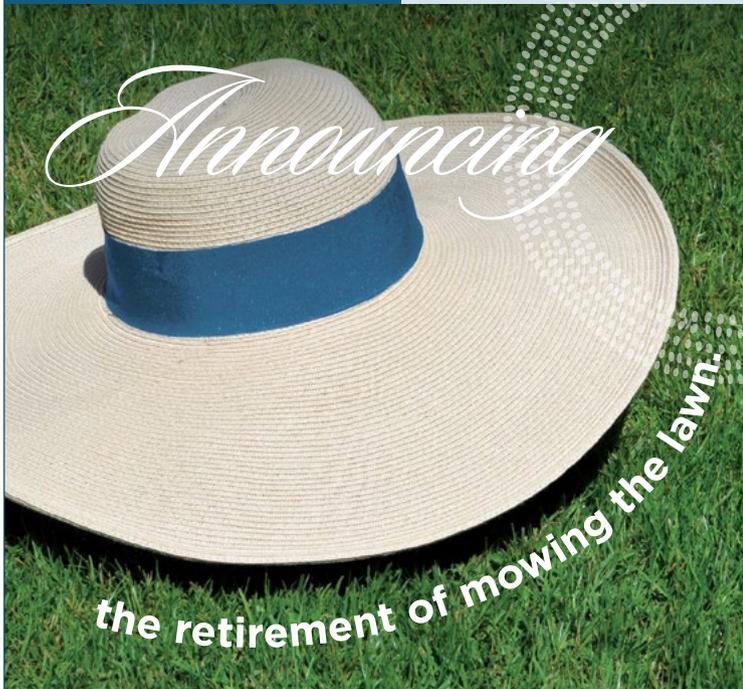
John Parker owns and operates two local companies: Parker & Richardson, P.C., and Texas Insurance Agency.

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The Law Offices of Stephanie A. Foster, P.C.

Deciding to divorce is one of the most important decisions a person can face so it makes sense to know your options. One option is traditional courtroom litigation. Another option is collaborative law divorce.

Although attorney Stephanie Foster Gilbert is prepared to be the warrior in your courtroom battle as she has been in thousands of Tarrant County divorce cases over the past 28 years, her preference is to be the peacemaker in your interest-based negotiations through the dignified, private, child-protecting process known as collaborative law divorce which involves no court.

Stephanie Foster Gilbert is confident that the collaborative law process is a powerful way to generate creative solutions in family law disputes while minimizing financial and emotional damage to the couple and their children all the while promoting post-divorce psychological and financial health of the restructured family.

As a family law mediator and one of the first Tarrant County attorneys trained in collaborative law, attorney Stephanie Foster Gilbert will help you navigate through your divorce options and zealously represent you through the process of your choice.

Contact attorney Stephanie Foster Gilbert today to discuss your options.

**One option is traditional courtroom litigation.
Another option is collaborative law divorce.**

Law Offices of Stephanie A. Foster, P.C.
4214 Little Road, Arlington, TX 76016

817-277-2805 • StephanieFosterLawyer.com

Litigator; Collaborator; Mediator



Melissa Danchak is owner and chief audiologist at Kos/Danchak Audiology & Hearing Aids.



Kos/Danchak Audiology & Hearing Aids

101 W. Randol Mill Road • 817-277-7039 • northtxhearing.com

Hearing louder is not hearing better!

Why turn up the volume on the problem when you can get a personalized solution!

Hearing loss is the 3rd most common health problem in the United States amongst older Americans. The growing list of consequences related to untreated hearing loss includes: hospitalization and fatigue, falls, anxiety, social isolation, depression, cognitive decline and dementia.

So what are your options to hear the best you can?

- Personal Sound Amplification Products (PSAP's)
- Hearing Aids

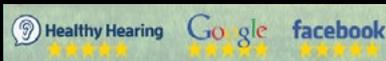
While it can be challenging to see the differences in the actual devices themselves, your ears will hear the difference! PSAP's do not address the core hearing loss issues. They are also not

professionally programmed or fit. PSAP's are basically designed to amplify all sounds.

Hearing aids are a Class 1 medical device. They are programmed and fit after a professional evaluation and consultation based on your personal and unique hearing needs. Hearing aids are designed to help you hear and understand the best you can.

Better hearing health care helps people reconnect with family and friends in a variety of settings, and many studies have proven that better hearing health care reduces the social isolation, depression and anxiety that hearing loss can cause.

If it has been more than three years since your last hearing test, or if you are noticing a decline in your ability to hear well or understand clearly what is being said, call Kos/Danchak Audiology & Hearing Aids at (817) 277-7039 for a complimentary hearing consultation and listening demonstration.





Call Jim Ross Law Group
for your free consultation
at 817-275-4100 or text
"lawyer" to 313131.

AREAS OF PRACTICE:

- Personal Injury
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Christopher Chappell

Resurgence Wellness

2701 Matlock Road, #105
833-696-2329
resurgencewellness.com

Last September, Resurgence Wellness opened its doors in Arlington and introduced a new realm of healthcare to the North Texas region. **ABOUT THE PRACTICE:** Practice founder Christopher Chappell says Resurgence Wellness specializes in providing advanced medical solutions to help patients reach optimal health. The clinic methodically analyzes the cause of each patient’s health issues to create effective – even, life-changing – results, whether a patient’s goal is to lose weight, stabilize hormone levels, or boost his/her immune system. The gamut of solutions is based on treatments that are safe and non-invasive ways to get to the root cause of health problems to help restore the patient’s vitality so he or she can get back to feeling well. **THE PRACTICE’S PHILOSOPHY:** “Own the Day.” Chappell, a clinical nurse specialist, started Resurgence Wellness by recruiting medical professionals who will assist you in creating an individualized treatment plan to enhance your body’s capacity to heal itself. “We are dedicated to helping people make big life transformations in order to live a vital life and get back to owning each day,” he says. **THE TEAM:** Dr. Amanda Hall, Dr. Rick Westbrook and Dr. Matthew Cerniglia, as well as nurses Jake Sanchez, Savannah Houston and Teresa Scott, the collection of whom share Chappell’s view that addressing the lifestyle can change the life. “Before finding the cause of your health concerns and creating your customized wellness plan, an important aspect of our patient-practitioner relationship is discussing symptoms and current habits, so you can have an active role in your new healthy lifestyle,” Chappell says. **SERVICES:** Resurgence Wellness provides solutions for health issues such as Weight Loss, Medical Aesthetics and Sexual Wellness, as well as offering Platelet Rich Plasma/Stem Cell and Intravenous Nutrient Therapies, Bioidentical Hormone Replacement Therapy and Concierge Medicine, which provides each patient with personalized care and treatments, better access to a personal primary care doctor and more time devoted to personalized patient care.



John R. Lively and
John R. Lively Jr.

Lively & Associates, PLLC

301 Commerce St., Suite 2900, Fort Worth
817-532-3110 • LivelyLLP.com

The law firm of Lively & Associates, PLLC, is a boutique business and litigation firm located in Fort Worth. Lively & Associates was founded in 2008 and is known for its keen focus on its clients, keeping them informed and involved throughout the legal process. **PRACTICE HISTORY:** Though the firm was founded in 2008, the attorneys representing the firm have served the community and surrounding areas since 1965. The firm’s attorneys – John R. Lively, John R. Lively Jr., Daniel Aguilar and David F. Farris – are licensed to practice in all courts in Texas at both the state and federal levels and the U.S. Supreme Court. **A ‘CLIENT FIRST’ FOUNDATION:** Legal strategies are developed to fit the client’s specific needs, goals, and objectives. The attorneys possess a broad knowledge of business that allows them to identify and seize upon critical issues specific to a wide range of business practices. **PROFESSIONAL PHILOSOPHY:** Lively & Associates specializes in business law to protect clients who have family businesses both big and small. “Working together with my father has allowed us to truly understand the personal side as well as the daily operations of these businesses,” John R. Lively Jr. says. “There is so much that goes into a family business. We are here to help.” The firm’s primary areas of practice include Business Law, Business Litigation, Civil Appellate Law, Creditor Rights, Estate Planning and Probate, Oil and Gas, Real Estate, and Alternative Dispute Resolution. **WHAT MAKES LIVELY & ASSOCIATES SPECIAL:** “Rarely found in a firm of this size, the attorneys and support staff possess the technological capabilities and resources of a large law firm while retaining the personal attention of a small firm,” Lively says. “We have a vast knowledge of the judicial process, as well as Alternative Dispute Resolution.”