

Women in BUSINESS



Shannon Sanderford

In January of this year, Shannon Sanderford assumed the position of Director of Marketing for the Jim Ross Law Group. She quickly enhanced the firm's brand and crafted marketing campaigns that have kept the venerable practice front and center with clients and prospective clients.

BACKGROUND: I began my career in marketing immediately after college when I accepted a position with a national general contracting company as their copy writer. Since then, I've worked in marketing, PR, and development; however, there is one position that provided me with some of the greatest experience I could hope to gain in my career. In July 2015, I won the title of Miss Texas 2015, and began a year-long position that would change my life. It was during that year that I gained experience as diverse as speaking to an audience of 5,000, rapping in a live television interview, and even holding live rattlesnakes. Though my current position as Director of Marketing looks vastly different, I use so many of the lessons I learned that year. I try to be ready for anything, remain flexible, and know that the only thing that remains consistent is change.

INSPIRATIONS: I am blessed to come from a legacy of strong women. Women who have instilled in me an awareness of what you can bring to any table – be it in the boardroom or the breakfast nook – and a boldness in sharing it. From the time I can remember, my grandmother modeled for me what it was to



be intelligent and brave as she managed her entrepreneurial ventures. She created a legacy and her wisdom has passed through generations of women – first to my mother and aunt, and now my sister and I. I never doubted that I could achieve my goals because of the groundwork these women laid for me. Their continued support – and at times encouragement to do more – has undoubtedly shaped the woman I am today.

PHILOSOPHY: I have come to recognize that there is very little that can make or break your business more than the way you treat people. Because of that, I try to model that the most important person in any room is the one you are speaking to at that moment. I want every person to feel special when I speak to them, and I hope they associate that feeling with our firm as well.

I LOVE MY JOB BECAUSE ... Every day is a challenge.

Jim Ross Law Group

2221 E. Lamar Blvd., Suite 800 • 817-275-4100 • jimrosslaw.com

Valerie Landry

Valerie Landry, General Manager of The Sanford House Inn and Spa, has a long history with the business – in fact, she has been involved with The Sanford House since her grandparents built it more than two decades ago.

“I’ve done just about every job that could be done, from pulling the weeds to cleaning the rooms to serving the Rooney family [of Pittsburgh Steeler fame] during the Super Bowl,” Landry says. “After I graduated from college, I moved back to Arlington and began working as the Spa Director and Marketing Director for the company. Soon after that, we remodeled the property to accommodate our restaurant and bar, and I shifted into my current role as General Manager. Now, I’m also working to ensure that restaurant506 remains one of the best restaurants in the city.”

To that latter end, Landry and The Sanford House team have undertaken a variety of endeavors to continually enhance the renowned eatery, which has won Diner’s Choice awards from Open Table each of the past three years and which was also honored by Open Table for offering one of the top 100 brunches in the nation. restaurant506 is open to the public for dining and is located in The Sanford House Manor.

“restaurant506 combines classic cooking methods with fresh ingredients to create delicious tasting food that is artfully presented,” Landry notes. “Together with our attentive team of servers, we strive to be sure that your experience at our restaurant is absolutely perfect.”

Landry schedules regular themed events at the restaurant to attract guests and to enhance the bond restaurant506 has with the community. For example, a “Wine Dinner with Troon Vineyards” event will take place at 6 p.m. on Nov. 13. Previously, restaurant506 celebrated the 22nd annual Restaurant Week with a special promotion in August and it joined Arlington Yoga Center for a “Brunch + Yoga” event in July.

While ensuring that restaurant506 remains top of mind among patrons is one of Landry’s primary focuses, it’s just one of the hats she wears as General Manager of The Sanford House. She also handles administration and promotion of the inn, which offers



luxurious accommodations for overnight stays.

The Sanford House also has the capability to host magnificent outdoor events on the Grand Courtyard or smaller intimate social affairs indoors. Then there is the Sanford Spa, which is a full-service spa and salon that offers full body, facial, nail and hair services for special occasions or “just because.”

Landry says she is devoted to making sure that people who visit The Sanford House – any facet of it – come away not only pleased with their “Sanford House experience” but so enamored that they make a point to return.

“Our passion for customer service is what sets us apart as special,” she says.

In addition to her career, Landry is very active in the community, serving as Chair of the Downtown Arlington Management Corporation Board and was a member of the Leadership North Texas Class 9.

She also serves on the Board of Directors for the Chamber of Commerce and has served in various capacities with the Chamber of Commerce Women’s Alliance and with the Junior League of Arlington. She is past president of the Downtown Arlington Rotary and last year began serving as Assistant Governor for Rotary District 5790. She also serves on the Board of Symphony Arlington and was in Leadership Arlington’s Class of 2009.

restaurant506

506 N. Center St. • 817- 861-2129 • thesanfordhouse.com

Michelle Grothouse

Michelle Grothouse is the co-owner of Classic Family Agency and an Exclusive Allstate Agent. She has been associated with Allstate for 10 years, and her husband Tom (the other co-owner with her) has been associated with Allstate for 31 years.

Together, the Grothouses oversee an agency that provides consistently outstanding personalized care as they help customers protect what is important in their world. "Our agency is relaxed and kid-friendly with a play area," Michelle says. "We hope you will visit frequently and enjoy refreshments and our engaging décor, which includes sports, automotive and Allstate memorabilia."

BACKGROUND: My employment history clearly demonstrates that I love being in customer service roles that enable me to meet lots of people from diverse backgrounds.

INSPIRATIONS: The person who probably inspired me the most was my father in law, Tom Grothouse Sr. Dad was a WWII veteran that over a 36-year career rose from accounting clerk to director of finance, all within the same major corporation. That kind of loyalty is unheard of today. My husband and I have done our best to pass on to our six children his guiding principle, "Always do the right thing, even when no one is looking." Perhaps what I treasure the most is he somehow knew when it was more important to give a hug than to dole out stern advice.

PHILOSOPHY: I am here to help you, not to sell you something. It is my responsibility to get to know you so I can understand your world and your needs. Only then can I aspire to be your trusted advisor helping you protect you and your family as well as the things that are important to you.

ABOUT THE GROTHOUSES: We support charitable organizations in our community by sponsoring and participating in collector car



shows that benefit special needs children, families in crisis, and brave protectors, such as veterans and police. We are classic car collectors and members of many clubs, including Mad Dogs, North Texas Mustang Club, the Shelby Cobra Association of Texas and more.

We've lived in the Arlington area since 1988, and our six children attended AISD schools. We love living in the D/FW Metroplex and especially Arlington because of all the fun things to see and do. We enjoy car shows, high-performance driver education events, hiking, cooking, golf, snorkeling and travel. We love college football and enjoy Rangers games on summer nights.

I LOVE MY JOB BECAUSE ... I am able to build lasting relationships with people who trust me and like the way I do business, so they refer me to family and friends.

Classic Family Allstate Agency

1001 N.E. Green Oaks Blvd., Suite 171 • 817-468-3066 • agents.allstate.com/classic-family-agency-arlington-tx1.html

Melissa Danchak

Dr. Melissa Danchak began working at Kos/Danchak Audiology in 1997 and has owned the practice since 2002. Dr. Danchak earned her Doctorate of Audiology (Au.D.) through the University of Florida, her Masters in Audiology at The University of Texas at Dallas, and her Bachelors in Communication Disorders at Abilene Christian University. With over 21 years of experience in helping those with hearing challenges in the Arlington and surrounding communities, Dr. Danchak is passionate about providing unparalleled care and service for her patients.

BACKGROUND: When I was an undergrad, each summer I worked at my father's company. That taught me about how a business actually operates. I worked in the warehouse and was a part of the shipping and receiving and I also worked in the purchasing department, as well as the accounts payable/receivable departments. I learned very quickly that each part of a business has to work with another part of it in order to truly be successful. My graduate education and training and clinical experiences gave me the book knowledge as well as the hands on training I needed to become an audiologist. Working for and with Susanne Kos for five years taught me specifically about managing an audiology practice. I am very fortunate to have the experiences I have had and I believe that education is a lifelong process. Like any small business, we experience change and adversity and success and a whole host of other "stuff" on a regular basis. Every person I have had the opportunity to work with, in my practice, has made a significant and positive impact on the lives of the people we meet with each day. They have also shaped who Kos/Danchak Audiology is and what we stand for. I



am also very fortunate that I have tremendous support from the manufacturers in the hearing health care industry. They will often present ideas that help us improve the delivery of our services. Their perspective is invaluable and has helped us stay ahead of the curve when it comes to patient care!

INSPIRATIONS: My primary inspiration personally and professionally is God. I have always tried to live my life according to Colossians 3:23 that says: "Whatever you do, work at it with all your heart, as working for the Lord, not for man." In everything that I do, I sincerely try to do my best to serve others. Another inspiration is my father. He has always encouraged me and provided good advice. My father was a great example of someone who worked hard and truly loved his job. One other personal inspiration is my father-in-law. As a former minister and current career coach, he is a tremendous resource for me. I have also met other women from all over the country who also have successful audiology offices and they have inspired me to try new things to improve the way I manage my practice and how I provide care for my patients.

PHILOSOPHY: My professional philosophy is simple: do my absolute best to serve my patients and my employees to the best of my abilities; continue learning and growing so that I can accomplish that in the best way possible.

I LOVE MY JOB BECAUSE... I make a difference in people's lives. I don't just think I make a difference. I see it on people's faces when they hear and clearly understand their loved ones for the first time in a long time! I see it when their loved ones experience the same feeling. Patients and their families tell me regularly that this has changed their lives. It's not always easy for people to admit that they have hearing loss or that they need hearing aids. I know I make a difference in people's lives because so many of the new patients we meet each day are referrals from current patients that we have been helping for years! It doesn't get any better than that.

Kos/Danchak Audiology & Hearing Aids
101 West Randol Mill Road • 817-277-7039 • northtxhearing.com



Dr. Kiran Nangrani

Dr. Kiran Nangrani, a physician with Women's Health Services, grew up in Arlington and graduated from the Texas Christian Academy at age 16.

She was accepted into a seven-year combined undergraduate and medical school program offered jointly through the University of Texas at Arlington and the University of North Texas. She received her medical degree in 2007. She then completed her Ob-Gyn residency training program at the University of Texas Medical Branch in Galveston.

In 2011, after completing her residency, she decided to come "home to Arlington" and joined the team of physicians at Women's Health Services.

When she was in medical school Dr. Nangrani met her husband, Manesh, and they got married when she was in residency. Her husband is an attorney in Dallas, and they have three daughters.

In her spare time, Dr. Nangrani loves spending time with her family and is an avid exerciser.

A close and committed patient-doctor relationship is a priority to Dr. Nangrani. She enjoys all aspects of Obstetrics and Gynecology, including educating her patients and sharing in their journey through pregnancy and childbirth, adolescent gynecological health, well woman preventative care and treatment of a wide range of gynecologic issues. She also has special interests in minimally invasive gynecologic surgery, operative hysteroscopy, family planning and perimenopause and menopause.

Dr. Nangrani is accepting new patients at both the North and South office locations.

Women's Health Services

1001 N. Waldrop, Suite 505 • 817-591-2715
5005 S. Cooper St., Suite 275 • 817-677-1003
womenshealthservices.com

Kateri Dodson

After working for Hiltons Flooring for several years, Kateri Dodson assumed a Co-ownership roll in 2012, and in 2014 she helped the company start Wholesale Granite Direct in the same location. Today they have two DFW locations – the one in Arlington and the second in Richardson.

BACKGROUND: When I first started out in business, I was an accountant and ran a manufacturing firm far away from flooring and designing kitchens. As my children were getting older,

I needed to find something more flexible, and the opportunity to work at Hiltons in flooring sales presented itself. Many of my customers wanted additional design assistance during or after the floor selection process, and that led me into designing kitchens and baths. Given the demand for this service



Kateri Dodson
and her daughter,
Kaitlyn Benefiel

we were able to start the custom counter business, Wholesale Granite Direct, with six additional designing women on my sales and design team.

INSPIRATIONS: My inspiration to grow this into a family business has come from the Stacey family that owns S&H Distributing and Peek Carpets. They have been the most welcoming and supportive industry partners and have encouraged as we have grown more towards a family business. On a personal level, my mother, Nancy, has been most inspiring. My father passed away when my three siblings and I were young, and she worked hard, provided a comfortable life for us all and retirement for herself. My goal, with my Husband and Co-Owner, Chris, is to do the same for our blended family of seven children and ourselves.

PHILOSOPHY: While we have commercial clients, the heart of the work we do is in someone's home. I try to approach the work I do with the same honesty, quality and respect that I expect when a service is being performed in my home. Ensuring our customers' expectations are exceeded is my goal, and I've been fortunate in that it has led to many referrals and long-term relationships.

Hiltons Flooring/Wholesale Granite Direct
2800 W. Division St. • 817-461-5189
arlington.abbeycarpet.com



Rachel Wright

Rachel Wright is head of the Personal Injury practice and Managing Attorney for the Arlington office of Harris Cook, LLP since July 2018.

PROFESSIONAL BACKGROUND: I have more than a decade of experience representing hundreds of clients in personal injury cases, including more than 30 jury trials. I've spent the majority of that career on the defense side, including working for a large insurance company. This is a huge advantage now that I represent plaintiffs, as my knowledge of the insurance industry's "tricks of the trade" ensures I can maximize recovery for my clients.

INSPIRATIONS: On a personal level, I am inspired by leaders in our community that sacrifice their time and talents to improve the lives of those around them – people like our firm's Managing Partner, Mayor David Cook, and my father, Congressman Ron Wright. On a professional level, I look up to attorneys like Lisa Blue, Gerry Spence and Mark Lanier – masters of their craft that understand the power of storytelling and how to connect with jurors on behalf of their injured clients.

PHILOSOPHY: You get more flies with honey. Being a zealous advocate for your client never means abandoning civility and your ethics. I have found kindness and respect are not only more authentic to who I am as a person, but those qualities get better results for my clients.

I LOVE MY JOB BECAUSE ... I get to help improve the lives of innocent victims who are suffering. What job can be better than that?

Harris Cook, LLP • harriscooklaw.com
709 E. Abram St., Arlington • 817-275-8765
309 E. Broad St., Mansfield • 817-473-3332

Linda Magazzino, Julie Pompa, Susan Daniels, Linda Broadus

Linda Magazzino, Julie Pompa, Susan Daniels and Linda Broadus are principals with the Magazzino-Cunningham Group. Magazzino has been a real estate professional for more than four decades, nearly two of which have been associated with



Ebby Halliday. She has been the company's top individual or group producer for the Arlington office since 2002. Linda says her philosophy is "to give back to the community," and to that end, she is involved with The Salvation Army, Theatre

Arlington and the Arlington Museum of Art. She was previously involved with the Boys & Girls Clubs, Big Brothers and Big Sisters, Alliance for Children and the Cancer Research Foundation.

Pompa has been a real estate agent for two-plus years after spending 25 years as a small business owner. She says that experience taught her to be "open-minded, resilient and to have a grasp of customer service and what it should be." Her philosophy is based on the Winston Churchill quote: "Success is not final; failure is not fatal; it is the courage to continue that counts." She says, "This thinking allows me to celebrate the accomplishments, embrace the challenges and move forward developing as a new professional in the real estate world."

Daniels has been a Realtor at Ebby Halliday for eight years after being a Physician Assistant for a Cardiologist, where she learned to help people during stressful life experiences by offering an abundance of information and support. "Similarly, buying or selling a home can be an overwhelming and stressful process, but I work very hard to inform and advise my clients so they can make their best choice." Daniels' philosophy, both personally and professionally, is centered on three major ideas: "compassion, hard work and always treating others as you would like to be treated."

Broadus is in her fourth year as a Realtor. In a previous job as teacher and Director of Admissions for a private school, she served as a facilitator for families, an endeavor that prepared her to facilitate – and negotiate and serve as a resource – for her clients who are buying or selling a home. "My experience as an educator has served me well in my transition to Realtor," she says. Broadus' philosophy is simple and can be summed up in a question: "How can I help you? I want to be a well informed, prepared professional 'helper' who always puts her clients first."

Magazzino Cunningham Group
1201 W. Green Oaks Blvd. • 817-654-8589
magazzino-cunninghamgroup.ebby.com

Brenda Cureton Smith

Brenda Cureton Smith, owner of Great Skin Spa & Facial Club, began her career in the skin care and beauty business more than a dozen years ago as the first U.S. franchisee of Canadian-based Faces cosmetics. Taking that experience, she founded Great Skin Spa & Facial Club nine years ago in Arlington, where the company has continued to grow and gain notoriety as an exceptional day spa and skin care provider.



At Great Skin she not only shares her experience in creating and maintaining beautiful skin via state-of-the-industry technology and products; she also has championed the practice of receiving professional spa

services as part of personal care, as opposed to a special occasional visit or gift due to affordability. Great Skin Facial Club members receive a wide range of treatment options at the spa, as well as guidance and products they can use at home to maintain fresh, youthful-looking skin.

"I developed the concept of Great Skin based on the goals of the thousands of clients – men and women – wanting to have more beautiful skin and manage the signs of aging skin through treatments, knowledge and skin care."

As a result, Great Skin offers a full line of award-winning skin care products for anti-aging, acne, hyperpigmentation and general skin care, as well as skin and body care for men, women and teens. GS is also known for its instant slimming treatments, and it now offers a special credit card that can be used specifically for beauty and health services.

Great Skin also is a franchise company, and Cureton Smith offers a turnkey franchise program that includes everything needed to successfully own and operate your own Great Skin Spa & Facial Club. "It's about partnership at Great Skin," she says. "Our slogan is 'Relax, Rewind, Renew!', and we are proud to share those values with our clients and franchisees."

In the past year, Cureton Smith introduced a product paying homage to her mother, Mattie, who was afflicted with Alzheimer's: "Hemp Healing Cream" for skin and body care. If you are looking for a great spa to beautify your skin and slim your body, or looking for a business opportunity where you help others, contact Great Skin Spa & Skin Care. October is Peel Away Damaged and Old Skin Cells month. Check us out.

Great Skin Spa & Facial Club

3851 S.W. Green Oaks Blvd. • 817-478-2114
greatskin4you.com



Julie Short

The Julie Short Team is a full-service real estate team, proficient at working with sellers and buyers. Owner Julie Short says she and her colleagues are focused on customer service and on being available to assist their clients, doing whatever is necessary to ensure a satisfying home buying/selling experience.

A TEAM APPROACH: If we are listing a house, we have a connection to get it 'Show Ready' with any repairs and touch-ups that need to be done, including a total clean from Peachy Clean. We have a wonderful photographer and great inspectors we work with. We have excellent lenders we recommend. When the inspection report comes back, we have a company that coordinates any repairs. If clients purchase a home and want to remodel, we have people for that. We really try to take all the guess work out of the process and take care of as much as the clients are willing to allow.

PHILOSOPHY: I believe in balance in everything and living by the golden rule. I really believe if you will treat others how you would like to be treated, you will never lack for business.

INSPIRATIONS: My husband (Stoney Short) is a huge inspiration to me. He has never let his circumstances or his past hold him back. He has always had big vision. It used to scare me when he would share all the things he wanted to do because I know the bigger you try, the bigger you can fail. But, I realized that was my own fear holding me back. Over the years, his ability to dream big has given me that same ability, and now I can share that with others. Not trying is the biggest failure any of us can have. DO NOT let fear of failure hold you back!

The Julie Short Team/Coldwell Banker

1848 Lone Star Road, #308 • 682-552-4384
thejulieshortteam.com

Decima Mullen

For most of the past six years, Decima Mullen has been Senior Director of Marketing & Public Relations of the Arlington Convention & Visitors Bureau.

BACKGROUND: I was in political PR for a season or two before I fell into tourism. Between that and being a part of a military family, it prepares you for almost anything!

INSPIRATIONS: Professionally, I had two amazing mentors when I came into the PR field, and Ron Price, the current CEO of our bureau, has been inspiring to many of us. The vision he had when

he got here about where we could take tourism has been inspiring when I see what has been accomplished. Personally, my family and friends give me great inspiration. Some of the hardships I know my mom and mother in law went through are enough to make me never complain about anything.



PHILOSOPHY: My mom had a saying that went “wer rastet, der rostet.” It means, basically, he who waits, rusts. You can’t be

afraid to jump into action and make things happen, because even if it doesn’t work out exactly as planned, there are things you learn and perfect the next time around. Don’t sit on the sidelines of your life, whether work or personal life. I think that has taught me to want to jump in and do things that people say can’t be done. A single person can make a big change; they can be the ripple that begins a huge wave. It’s up to you to be the positive difference.

I LOVE MY JOB BECAUSE ... Storytelling is a passion, and this job allows me to do that. I get to talk about a city I love every day, by telling the untold stories that should be heard to visitors and sometimes locals. Many times people think they know who Arlington is, but they might not see what is TRULY around them, and when they do – there is a lot of surprise. We have changed so much in the last 5-7 years because of sheer willpower and a “Can Do” spirit. When you look at what makes a city successful, it’s a mix of art, diverse culture, unexpected cuisines, history, grit and determination. As a resident of Arlington, it makes me proud to see how strong and beautiful the diversity of our city is, and I can’t wait to see what else is around the corner.

Arlington Convention & Visitors Bureau
1905 E. Randol Mill Road • 1-800-433-5374
arlington.org

Brandee Kelley

Brandee Kelley is starting her third year as Team Leader of Keller Williams Arlington (KWA) and its Business Centers in Mansfield, DeSoto and Corsicana, leading over 600 realtors, selling over 5,000 homes a year. KWA is consistently one of the top two brokerages in North Texas in number of homes closed, according to Broker Metrics.

PROFESSIONAL BACKGROUND: Brandee has served the community as a licensed realtor since 2005. The Brandee Kelley Group has



helped over 800 families (since 2007) with their real estate sales, purchases and investments. All transactions are different. This experience allows me to proactively create solutions to the myriad of issues that may arise during real estate transactions. Additionally, serving in leadership roles in the community and in ministry has prepared me to lead some of the real estate industry’s leading realtors. It is my job, and more so my

joy, to play a role in building the growth, productivity, profitability and culture of their real estate businesses.

INSPIRATIONS: My husband and favorite coach, Clay Kelley, who lives out his motto, “Don’t be desperate to sell, be hungry to serve.” My parents, Johnny and Mary Ann Bush, who taught me to always give more than I ever expect to receive. Georgann Puddy, who leads The Brandee Kelley Group and has been teaching me about leadership for over 20 years. Smokey Garrett, who has taught me to think bigger for over a decade.

PHILOSOPHY: Whatever you do, work at it with all your heart (Colossians 3:23). The higher purpose of business is to serve and to give.

I LOVE MY JOB BECAUSE ... I am intentionally collaborating to build BIG businesses and BIG lives. I work with amazing people who use their success to positively invest in the lives of people locally and globally. Last year we saved our clients over \$1,000,000 through Keller Mortgage and profit shared \$1,139,097 to our agents. I love that this money goes back to people and then is invested in the local economy. Its real money, going to real people who get to pursue real exciting endeavors with it. I just love the people we serve. They help make every day special.

Brandee Kelley Group
1301 S. Bowen Road • 817-635-1141
brandeekelley.com



Stephanie A. Foster

Stephanie Foster started her legal firm, The Law Offices of Stephanie A. Foster, P.C., in 1992 and for nearly three decades she has been devoted to the practice of family law.

The practice concentrates in family legal issues, including divorce, modifications, custody, child support, spousal support, visitation, enforcement of custody/support, paternity and step-parent adoption.

Stephanie says her dream of having her own law practice was nurtured as a child, as she grew up with a father, John Foster, who was an attorney. "When I was a child," she recalls, "I would beg him to take me to work with him at his law firm every summer."

Throughout her career, Stephanie has focused on family law. "My professional philosophy is divorce with dignity," she says, noting that she has taken many special measures to serve her clients in the best manner possible. "I was one of the first attorneys trained in collaborative law, in 2008. Collaborative Law is a way to divorce with dignity with no court and no war."

She believes the collaborative law process is a powerful way to generate creative solutions in family law disputes while minimizing financial and emotional damage to the couple and their children, all the while promoting post-divorce psychological and financial health of the restructured family.

A graduate of Arlington Martin High School, Southern Methodist University and St. Mary's Law School in San Antonio, Stephanie was named a "Top Attorney" by Fort Worth, Texas magazine in 2003, 2008, 2009, 2010, 2011, 2012, 2013, 2015, 2016, 2017 and 2018.

The Law Offices of Stephanie A. Foster, P.C.
4214 Little Road, Suite 1000 • 817-277-2805
StephanieFosterLawyer.com



Kim Harmon

Kim Harmon opened Three Dog Bakery in Arlington almost two years ago, offering 100-percent natural, wholesome, human-quality ingredients in a healthy food menu for dogs. The venture has gone so well that she is in the process of opening a Mansfield location later this month or early in November.

"We specialize in all-natural, fresh-baked dog treats and personalized celebration cakes," Harmon says, "as well as premium dog food, toys, collars, and accessories."

HER BACKGROUND: I was Vice President of a family owned business for 25 years. This prepared me for the business side of the bakery. Other than that I jumped right into a business that helped me share my love for animals.

INSPIRATIONS: My inspiration is my parents for showing me a proper work ethic. Nothing is given to you; you have to work hard. My personal inspiration for starting this journey are my pups, Max (10), Cash (9), Tinkerbell (3) and Beltre (1), Bunnie (1) and Chuck (6 months).

PHILOSOPHY: My professional philosophy, to quote my sister is, "Some days are better than others, but everyday is a good day." This has helped me realize that helping other people's pets and giving back is very rewarding and to take it day by day.

I LOVE MY JOB BECAUSE ... I love my dogs, and it is so much fun to see happy pups and pup parents come into the bakery.

Three Dog Bakery
Arlington: 817 E. Lamar Blvd. • 817-795-3135
Mansfield: 3300 E. Broad St. Suite 142
threedog.com



Dr. Lisa B. Fell

The founder of Audiology Experts wears more than a few hats – all joyfully. “Monday through Friday, I am audiologist, Dr. Lisa B. Fell,” she says. “For every other moment, I work on my roles as Mom, Wife, Daughter, Friend, Boy Scout Mom, Soccer Mom, Orchestra Mom, etc. I am always on the move with some endeavor that I am passionate about.” **ABOUT DR. FELL:** I love what I do as an audiologist. I could do this all day, every day, but the reality is I have to balance all my other roles and my audiology career. I became a wife and licensed audiologist 21 years ago. That balance has been easy because I have a very supportive husband. I love for my children, family and friends to see that there is a career that exists where one can absolutely love their job! Audiology is definitely that for me. **ABOUT THE PRACTICE:** Eleven years ago, I founded Audiology Experts with another audiologist who wanted this career along with time to be the best mother she, too, could be. Recently, she moved and I became a sole owner. This has been my big adventure. I operate on the principle that I treat people the way I would want my own family to be treated. **WHAT INSPIRES HER:** Doing things that make life better for others. When my actions and goals benefit others it is rewarding. **I LOVE THIS JOB BECAUSE ...** Helping people hear better so they can stay connected with their loved ones is what being an Audiologist is all about. Every day, I am able to positively impact the lives of people who need my expertise ... what’s not to love?!

Audiology Experts • 1261 W. Green Oaks Boulevard, Suite 105 • 817-451-4818 • audiologyexperts.com

A Strong Woman

For this issue celebrating Women in Business, Dr. Joan Bergstrom, founder of Women’s Health Services, shared this poem she recently received from one of her daughters.

Says Dr. Bergstrom: “I believe that many women could gain hope or experience gratification from reading this poem. No matter what a woman’s walk of life, or difficult times she encounters, by striving to do the right thing (“never let them see you sweat”) and always taking the high road (even when no one is watching – or when you are not really aware that other women are watching), she epitomizes the STRONG WOMAN.”

“The point is that crying, being wracked by doubts or complaining about the issues don’t make problems go away. You have to make a decision, keep putting one foot in front of the other, and doing what you believe in. And in doing so, perhaps your daughter or another woman will identify a STRONG WOMAN and make the decision to also become a STRONG WOMAN.”

“Too many times recently, I have seen women who want to place blame or suggest that other’s actions have impeded their success. My advice to all is: Move on! Make adjustments! Move forward, not backward! The past is done – learn from it. Today is here – live it better! Make YOUR life the best it can be.”

