



EDITOR'S CHOICE AWARDS

In August's All Star edition, we shared the results of our readers' poll that celebrated their favorites. Here, we offer our editorial picks in more than four dozen categories.

EATS / DRINKS / MERRIMENT

- Burger**
Twisted Root Burger Co.
- Pizza**
Gino's East
- Steak**
VB Steakhouse
- Italian Cuisine**
Cafe Sicilia
- Tex-Mex**
Mariano's Hacienda
- Seafood**
Flying Fish
- Dining Experience**
Chamas do Brazil
- Happy Hour**
The Topsy Oak
- Place to Hang**
Urban Alchemy Coffee + Wine Bar
- Place to Celebrate**
Texas Live!

- Date Night restaurant**
506 at The Sanford House
- Vantage Point**
Mercury Chophouse

HOME LIFE

- Builder**
Mansfield Custom Homes
- Remodeler**
ProBrush Painting & Remodeling
- Exterior Projects**
Medford Design Build
- Real Estate**
David Hart Homes
- Pet Care**
Country Acres Kennels
- Veterinarian**
Richter Animal Hospital & Pet Resort
- Insurance**
Jesus Sanchez State Farm
- Financial Institution**
EECU

- Financial Services**
Baker Financial Services
- Retirement Community**
Overture Highlands

STORE FRONT

- Shopping Experience**
Gracie Lane
- Gifts**
Anything Goes
- Boutique**
Paisley Grace Boutique
- Jewelry**
Troy Vinson
- Specialty Sports**
Trek Bicycle Shop
- Flooring**
DFW Flooring Warehouse
- Furniture**
Canales Furniture

WELLNESS

- Hospital**
Medical City Arlington
- Emergency Room**
Texas Health Arlington Memorial Hospital
- Family Physician**
Dr. Patrick Kobett, MD
- OB/GYN**
Dr. Joan Bergstrom
- Urologist**
Dr. Justin Lee
- Oncologist**
Dr. Alfred DiStefano

- Podiatry**
Arlington/Mansfield Foot & Ankle Centers
- Family Dentistry**
Dr. Jackilyn Dang
- Orthodontics**
Drs Alexander Orthodontics
- Chiropractic Care / Wellness**
Dr. Kenyon Godwin
- Audiologist**
Audiology Experts
- Patient/Customer Service**
Kos/Danchak Audiology & Hearing Aids

PERSONAL SERVICES

- Spa**
Bliss Massage
- Hair Salon**
Shelton's Salon & Spa
- Wedding Venue**
Howell Farms
- Photographer**
Life Stories By Hoang
- Music Venue**
Levitt Pavilion Arlington
- Natural Setting**
Elmer W. Oliver Park
- Dance Studio**
Miss Persis Studio of Dance
- Hotel**
DoubleTree by Hilton
- Golf Course**
Texas Rangers Golf Club



restaurant506 at The Sanford House

Date Night

In our August issue, The Sanford House was cited by our readers as their favorite in a variety of categories – including restaurant506’s win the “Place for Lunch” category. During this go-round, we’re “seeing” the mid-day meal and “raising” the wager by adding a romantic element to the mix.

General Manager Valerie Landry says she and her team are working to ensure that restaurant506 remains “one of the best restaurants in the city,” and to that end they have undertaken a variety of endeavors to continually enhance the renowned eatery, which has won Diner’s Choice awards from Open Table each of the past three years and which was also honored by Open Table for offering one of the top 100 brunches in the nation.

restaurant506, located in The Sanford House Manor, is open to the public for dining – all kinds of dining – but we think you’ll find it especially appealing for “date night.”

“restaurant506 combines classic cooking methods with fresh ingredients to create delicious tasting food that is artfully presented,” Landry notes. “Together with our attentive team of servers, we strive to be sure that your experience at our restaurant is absolutely perfect.”

Landry schedules regular themed events at the restaurant to attract guests and to enhance the bond restaurant506 has with the community. For example, a “Wine Dinner with Troon Vineyards” event will take place at 6 p.m. on Nov. 13. Previously, restaurant506 celebrated the 22nd annual Restaurant Week with a promotion in August benefiting Lena Pope, and has also partnered with Arlington Yoga Center for a monthly “Brunch + Yoga” event series.”

“Our passion for customer service is what sets us apart as special,” Landry says. We wholeheartedly agree.

restaurant506 at The Sanford House

506 N. Center St. • 817-861-2129
thesanfordhouse.com/restaurant506



Mercury Chophouse

Vantage Point

It hasn’t taken long for Mercury Chophouse to win the hearts of hungry Arlington area patrons – or hungry editors, for that matter. The upscale – and way up in the air – restaurant opened two autumns ago and rapidly became a prime place for diners and panorama enthusiasts whose senses are routinely treated to the best Arlington has to offer on several fronts.

This, of course, was the hope of co-owners Zack Moutaouakil and Jim Ross, who envisioned turning the spot vacated by longtime Arlington restaurant Cacharel into a new “go to” dining destination that featured outstanding food and service – and, from its perch on the ninth floor – the best view of Arlington found anywhere.

From the start, Ross and Moutaouakil were counting on two tried-and-true business strategies to ensure that Mercury Chophouse’s stay in its lofty locale would be not only welcomed but celebrated: one principal who knows the restaurant industry (Moutaouakil) and another who knows – and is revered by – a lot of people (Ross).

Moutaouakil helped establish the Mercury Chop House in Fort Worth and reaped the benefits early on of creating an upscale eatery that focused on fine food, an alluring atmosphere and stellar service that ensured that patrons would make attending the restaurant a dining ritual. Ross, a celebrated Arlington attorney who also received Readers’ Choice All Star honors for his work in the legal field earlier this year, is a friend to many. Together, they comprise a terrific team, although Ross describes the relationship in another way.

“We’re really more like family,” he says. “There’s nothing I wouldn’t do for him or him for me. The same goes for our patrons – we consider them to be our family, as well, and we make it a point to make them feel that way every time they come here.”

Mercury Chophouse

2221 E. Lamar Blvd., Suite 910 • 817-381-1157
mercurychophouse.com

Dr. Joan Bergstrom

Ob/Gyn

For the past six years, Dr. Joan Bergstrom, founder of Women's Health Services, has been tabbed by our readers as the All Star winner in the Ob/Gyn category. We're excited to contribute to another round of kudos for Dr. Bergstrom by naming her our Editor's Choice winner this year, as well.

The good doctor has come about her success by establishing a unique rapport with each patient over a span of more than three decades, during which she has delivered more than 4,000 local babies.

"The ability to develop relationships with patients that last through decades of life is a very special opportunity," she

says. "Every day I get to go to work and meet new patients and continue relationships with established patients."

Dr. Bergstrom is quick to note that she shares any honor she receives with her stellar team at Women's Health Services, including Drs. Joy Carter, Kiran Nangrani, Dawnette K. Pepler, Sheri Puffer and Jessica Brown.

"The team of doctors and staff of Women's Health Services strive to provide excellent patient

service with on-line flexible appointment scheduling," she says. "We give personal attention to all of our patients. Our doctors are all board certified or board eligible, and we offer the highest quality, ethical and efficient obstetrical and gynecological services. Our staff is dedicated to providing outstanding customer service."

Dr. Bergstrom founded Women's Health Services in 1986 when she moved to Arlington after completing her residency in Ob/Gyn at Kansas University Medical Center in Kansas City. For the first 10 years, she was in solo practice.

"As time went by," she says, "I gradually added physicians to improve our ability to serve more patients. The group now has six physicians. All doctors rotate between the offices to ensure expedient access for our patients."

Women's Health Services opened a second office in South Arlington in 2016 to offer a more convenient location for patients who live in the south part of the city.

It's just another example of how Dr. Bergstrom and her fellow physicians at Women's Health Services really do take care of the people for whom they provide health care.

And we believe that's an honorable endeavor.

Women's Health Services

N. Office: 1001 N. Waldrop, Suite 505 • S. Office: 5005 S. Cooper St, Suite 275
817-277-9415 • womenshealthservices.com



Medical City Arlington

Hospital

Over the past year, Medical City Arlington has evolved in rapid fashion to meet the needs of patients of all kinds, which has helped set it apart as one of the region's premier medical facilities.

In April, the state-of-the-art Medical City Arlington Women's Hospital opened as Tarrant County's first destination medical center just for women. The \$60 million facility gives women in Arlington, Tarrant County and surrounding cities in North Texas a luxurious, spacious – and revolutionary – medical center at which they receive high-level, specialized healthcare for a comprehensive range of women's services.

CEO Keith Zimmerman says Medical City Arlington Women's Hospital is the culmination of a half decade of collaboration among HCA Healthcare administrators, principals at existing medical centers, physicians, patients and prospective patients, with all of the planning focused on one goal: "to bring a destination center for women to Arlington."

Here's another example of what makes Medical City Arlington special: This past summer, the hospital was designated a Level II Trauma Center by the Texas Department of State Health Services, making it the first and only hospital in Arlington to achieve this distinguished classification. A Level II trauma designation represents the second-highest level of trauma designation available.

The hospital's emergency medicine team, made up of board-certified physicians, nurses and specialists, treats about 2,000 trauma patients annually and cared for 80,000 patients in the ER last year.

Because of its quest to evolve to meet the needs of its patients – and because of its keen ability to do just that – Medical City Arlington has become not just one of the premier hospitals in the city, but it's a shining example of what a hospital should be. And we're excited to honor it in this issue.

Medical City Arlington

3301 Matlock Road • 682-509-6200
medicalcityarlington.com



Texas Health Arlington Memorial Hospital

Emergency Room

Texas Health Arlington Memorial Hospital offers full emergency services in an exemplary fashion worthy of an Editor’s Choice award.

The emergency department is staffed by independent, full-time physicians who are board certified in emergency medicine and by nurses certified in emergency care and advanced life support.

Many Texas Health Arlington Memorial nurses have also earned the title of Certified Emergency Nurse and have completed the Trauma/Nurse Core Curriculum as well as training in Pediatric Advanced Life Support.

Emergency physicians on the medical staff at Texas Health Arlington Memorial and the nurses and technicians all participate in ongoing continuing education programs to keep abreast of current trends and developments in emergency care.

Texas Health Arlington Memorial emergency facilities are as specialized as the staff. The department includes 40 treatment rooms and eight “fast track” rooms equipped to meet needs that range from heart attack to trauma, asthma attacks to poisoning.

Throughout emergency treatment, computerized monitors continuously track and display the patient’s vital signs, even while the patient is in X-ray.

Three years ago, the hospital began an innovative program designed, ironically, to avert emergencies. This outreach program at Texas Health Arlington Memorial Hospital, in collaboration with the Arlington Fire Department, helps hundreds of patients with chronic conditions avoid emergency room visits and addresses social determinants of health before they become life-threatening problems. Paramedics make home visits to patients who are at risk for not properly managing their condition after leaving the hospital. Texas Health Arlington Memorial has seen between a 50 to 75 percent reduction in the number of Emergency Department or inpatient readmissions since the program started.

Texas Health Arlington Memorial Hospital

800 West Randol Mill Road • 817-960-6100
texashealth.org/arlington



Dr. Jackilyn Dang

Family Dentistry

Great dentists bring smiles to the faces of their patients, and over the past seven years, Dr. Jackilyn Dang has been making people smile all over the Metroplex.

Since opening her initial local practice, Great Oak Dental, Dr. Dang has provided state-of-the-art dental



care to Arlington-area patients – so much so that she opened a second practice, Legacy Park Dental, five years ago.

She and her staff provide the utmost care in blending compassion and expertise as part of each patient’s customized treatment plan.

“It’s important for our patients to be fully educated about their dental options, and we never want our patients to feel

rushed or to be afraid to ask questions,” Dr. Dang says. “We take the time to educate and inform our patients about their financial options and procedures so they can make the best decision possible for themselves.”

And now you know why Dr. Dang is an Editor’s Choice winner.

Great Oak Dental / Legacy Park Dental

Great Oak Dental: 3851 S.W. Green Oaks Blvd., #101
Legacy Park Dental: 1001 N.E. Green Oaks Blvd.
817-789-4480 • greatoakdental.com • legacyparkdental.com

Dr. Kenyon Godwin

Chiropractic Care/Wellness

Our readers have named Dr. Kenyon Godwin, founder of Active Family Wellness Center, their favorite chiropractic/wellness specialist every year he has been on the ballot. We’re certainly not going to argue with their good judgment.



The practice, which now has two offices, is based on a simple philosophy. “We believe people should have the freedom to pursue their purpose without limitations!” Dr. Godwin says. “AFWC combines education, lifestyle modification and people-personalized services to help people live their best life.”

AFWC offers an effective lifestyle modification program called 8 Weeks to Wellness. This program incorporates the best of wellness: Chiropractic, Nutrition, Massage, Fitness and Meditation/Prayer.

“Our catalyzing statement is to make Arlington the healthiest city in the state of Texas,” Dr. Godwin says.

We appreciate that sentiment – and the wellness that it inspires.

Active Family Wellness Center

Main office: 4927 S. Collins St., Suite 105
North office: 4120 N. Collins St., Suite 200
817-618-6730 • txwellnessdoc.com

Kos/Danchak Audiology & Hearing Aids

Patient/Customer Service

For the past 3 years, *Arlington Today* readers have honored Kos/Danchak Audiology & Hearing Aids with an Arlington area All Star award – and we agree that the practice is special!

This November, Kos/Danchak Audiology & Hearing Aids is celebrating their 35th Anniversary “helping people hear better.”

Susanne Kos, the original owner, began helping North Texans hear better in 1984 and the practice continues to proudly recognize her name.

35 YEARS

Helping North Texans Hear Better

Because of their consistent delivery of services and success helping people hear the best they can, over 40 community physicians refer their patients to Kos/Danchak Audiology for hearing health care, vestibular, and balance

testing. Many of these physicians have been referring to Kos/Danchak since Susanne Kos opened the practice!

That kind of trust has been paved by a patient-first focus and commitment to deliver the best hearing solutions possible for each person they meet with. “What we say we are going to do, we do. That is verified, on a daily basis, by the community of physicians that consistently place their trust in us as well as the online reviews and recommendations our patients post about their experiences with us,” Dr. Melissa Danchak says.

“There are not many audiology practices in the North Texas area that can say they’ve been helping people hear better for over 35 years. We believe that the hearing health care experience is about making folks feel confident in their decision to address their hearing health care needs first and foremost. We believe our patient’s feel confident in the services we provide – they know we are walking with them on their journey to better hearing!”

Dr. Danchak says the practice’s first, and main, priority is to honor its commitments to each patient. “Better hearing health care is a journey – not a transaction! Each day, we meet with people that have trusted their hearing health care needs to us for 5 years, 10 years – some even 20 years. We also meet with people that are addressing their hearing health care needs for the first time. They have confidence in us because of a referral from a friend of theirs. The referrals from an existing patient and the positive online reviews are humbling, to say the least. We recognize that those searching for hearing health care services aren’t always sure where to go or who to trust. Like I said, it is very humbling to know that the community trusts us to help them hear the best they can.”

Kos/Danchak Audiology & Hearing Aids

101 W. Randol Mill Road • 817-277-7039
northtxhearing.com

Anything Goes

Gifts

In 2012, Mary Davis’ dream of opening an eclectic gift shop became a reality when Anything Goes opened its doors at 2504 W. Park Row in Pantego. We don’t know if Mary ever dreamed of winning an Editor’s Choice award, but we’re going to guess she will gladly accept it.



Since opening, Anything Goes has grown from 1,200 square feet to almost 4,000 square feet of retail space that features products that meet the needs of customers of all ages.

Traveling to different markets such as Las Vegas, New York and Atlanta allows Anything Goes to bring diverse and unique products from across the country.

“I work hard to find our customers new products so they have the diversity in the gifts that they’re giving and there’s always something new and fresh for them on the shelves,” Mary says. “Anything Goes prides itself in the level of customer service that we provide and making everyone feel at home the minute they walk in the door.”

Anything Goes

2504 W. Park Row Drive, Suite A, Pantego • 817-542-0862
anythinggoesgiftshop.com



Gracie Lane

Shopping Experience

Ask virtually any shop-aholic in town, and he/she will tell you that a definite “go to” destination in Arlington for items both fun and functional is Gracie Lane. If you don’t believe them, ask us.

Since opening in 2014, Gracie Lane has rapidly become recognized as the Arlington area’s premier shopping destination for clothing, jewelry, home decor, gifts and more. Gracie Lane is also renowned for great value and a rotating stream of products.

Manager Mary Macken says the real key to Gracie Lane’s success, though, is the relationships she and the team build: “I believe our philosophy of treating every person that walks through our doors as a family member really resonates with our customers.” She’ll get no argument here.

Gracie Lane

4720 S. Cooper St. • 817-468-5263
gracielanecollection.com

Troy Vinson Jewelers

Jewelry

Troy Vinson Jewelers is a Family owned business that has met – and exceeded – the jewelry needs of North Texans since 1971. The Troy Vinson team caters to its customers' tastes, always striving to provide only the finest, highest quality jewelry, repair and custom design.

Troy Vinson has the largest finest custom jewelry and repair facility in the area, using state-of-the-industry



technology, such as CAD computers, mills and 3-D growing machines, a Pantograph model making machine, laser welders, and gemstone and diamond setting under microscopes. Even more noteworthy: All of the company's jewelers are Jewelers of America Certified.

Custom Designed Jewelry is created on the latest CAD cam at Troy Vinson Jewelers.

After approval of the CAD design the model is then sent back to the shop, where every detail is completed. Your custom designed piece of jewelry is hand polished and finished to perfection meeting your fullest expectation.

Troy Vinson Jewelers

4666 S.W. Loop 820, Fort Worth • 817-377-8555
troyvinsonjewelers.com

Country Acres Kennels

Pet Care

For nearly five decades, Country Acres Kennels has been regarded as one of the premier dog boarding and training facilities in the country. It's a place where their animals aren't only cared for, but indulged, and where their owners can be confident that while they're away, the pets will, indeed, play.

Country Acres has everything on-site to ensure that pets will



feel loved – space, activities, large indoor and outdoor runs for dogs, and private rooms for cats.

Country Acres also boards birds and exotic pets, and

it is unique in the pet care world in that it provides limousine service to animal lovers who board their pets and need a ride to the airport.

"We've built a first class facility where your pet will be pampered," says owner Don Praeger. "In fact, the only downside is they may beg to come back!"

Country Acres Kennels

7817 S. Cooper St. • 817-467-2511
countryacreskennels.com

Shelton's Salon

Hair Salon

A four-time winner of our annual Readers' Choice poll, Shelton's Salon & Spa was started in 1965 in what was Stripling's Department Store, prompting Shelton Ogle to follow his entrepreneurial instincts to open three more salons and the Ogle School of Hair Design, which grew to four locations.



Shelton, along with his wife Linda, have always tried to inspire the staff and students to the value they each bring to their clients. There has always been a passion to present the Beauty Industry in a creative, professional and client-centered environment. In staffing the salons,

spas and schools, Shelton and Linda

have been selective in choosing people who share their desire for being a leader in the industry.

Ogle School was sold in 2006. Shelton's Salon and Spas have continued to evolve with the goal of offering clients fresh and creative styling.

Shelton's Salon & Spa

2122 W. Park Row Drive • 817-277-6339
sheltonssalon.com

EECU

Financial Institution

EECU is a not-for-profit credit union that offers everything you'd expect from a financial institution. Their commitment to delivering value, focus on supporting the community, and delivering a faster, friendlier personalized experience is what truly defines the EECU difference!

Since opening its first Arlington office in 1967, EECU has been actively involved in supporting the community. Examples of these efforts include actively supporting Mission Arlington



and the Greater Arlington Chamber of Commerce, providing free financial literacy programs for high school students, sponsoring Arlington

ISD's Employee of the Month Awards, and giving more than \$500,000 in college scholarships.

EECU exists to provide value to its members in the form of lower loan interest rates, higher savings rates, and low-or-no fee products and services. Stop by your local financial center today and learn more about how they can help you!

EECU

2212 Southgate St. • 1253 N. Little School Road • 817-882-0800
eecu.org