

Texas Health Arlington Memorial Hospital



Texas Health Arlington Memorial Hospital has a rich history in North Texas. As a Level IV Trauma Center, Cycle III Chest Pain Center and Primary Stroke Center, we offer the communities of Arlington, Kennedale, Pantego, Dalworthington Gardens, Mansfield and Grand Prairie advanced life-saving care close to home.

The hospital is also certified by the Texas Department of State Health Services as a Level III Neonatal Intensive Care Unit, providing specialized care to our tiniest patients.

Texas Health Arlington Memorial provides advanced medical treatments and an experienced staff that provides compassionate care. With a mission of improving the health of the people in the communities we serve, the hospital and physicians on its medical staff are committed to your well-being and the health and wellness of your family. To that end, we offer a variety of healthcare services, including behavioral health, cancer care, diabetes care, digestive health, an emergency department, ear/nose/throat care, a fitness center, heart and vascular care, hospice care, imaging, neurosciences, nutrition, orthopedics, rehabilitation, respiratory therapy, sports therapy and women and infants care.

Texas Health Arlington Memorial is ranked among the best hospitals in Dallas-Fort Worth by U.S. News & World Report, and has received the Joint Commission's Gold Seal of Approval for Fragility Fracture Certification, the first health care facility in the country to receive Joint Commission certification for a fragility fracture program.

It is also designated as a Magnet hospital by the American Nurses Credentialing Center, an honor that recognizes hospitals for excellence in nursing, and was the first facility in Arlington to earn the designation. Texas Health Arlington Memorial is 369-bed, acute-care hospital conveniently located at the corner of Randol Mill Road and Cooper Street in North Arlington.

Texas Health Arlington Memorial Hospital

800 W. Randol Mill Road • 817-960-6100

[texashealth.org/locations/texas-health-arlington-memorial](https://www.texashealth.org/locations/texas-health-arlington-memorial)

**HEALTH CARE
PROFESSIONALS
AT THE FOREFRONT**

Dr. Mark Bishara



Photo: Bruce Maxwell

WORTH NOTING ...

Dr. Mark Bishara is a member of the International Society of Hair Restoration Surgeons (ISHRS), the Tarrant & Dallas County Medical Society and the Texas Medical Association. He has held licenses to practice surgery in Massachusetts, New Jersey, Texas and Florida.

Always at the forefront in matters both medical and technological, Dr. Mark Bishara and his staff at The Paragon Plastic Surgery & Med Spa offer a wide range of procedures for patients hoping to improve the way they look and feel.

To achieve state-of-the-art results for patients from around the world Dr. Bishara and the Paragon team stay on top of the latest medical technology to produce results patients love. To wit: Dr. Bishara and the staff use new lasers and cutting-edge gel implants for breast augmentation. Whether patients come to him for enhancement or corrective cosmetic surgery, Dr. Bishara delivers results that help patients take pride in how they look and feel after undergoing the various treatments and procedures.

“We know that every woman is unique in both her desires and her body shape,” he says. “With that in mind, we take the time during the pre-operative consultations to learn what each patient hopes to gain from breast augmentation surgery and to decide which implant type and implant placement is best. In this way, every one of our patients enjoys completely customized treatment designed with her specific goals in mind.”

Dr. Bishara says his patients elect to undergo breast augmentation for many different medical and aesthetic reasons, including balancing breast size, compensating for reduced breast mass after pregnancy or surgery and correcting a

congenital breast defect. “Under our doctors’ expert care,” he says, “patients enjoy great-looking, natural-feeling breasts that are one or more cup sizes larger after the operation.”

For the past seven years, The Paragon Plastic Surgery & Med Spa has served patients at the Mansfield facility, a beautiful, 8,200-square-foot facility located on two-and-a-half acres. It has four operating rooms, multi-bay recovery, two private preoperative rooms, three injection rooms and three spa treatment rooms.

There Bishara, an M.D. who has practiced cosmetic surgery in North Texas since 2009, heads a group of surgeons, nurses, nurse anesthetists, aestheticians, surgical assistants and a support staff.

Collectively, the Paragon team offers a wide variety of cosmetic and corrective services for both women and men, including: breast augmentation; tummy tucks; liposuction; face, neck and eyelid lifts; rhinoplasty; robotic hair restoration, Botox and fillers.

An integral part of the Paragon team is the ensemble of three robots – “junior partners,” Dr. Bishara calls them – that are utilized whenever patients seek his services for the revolutionary ARTAS hair restoration process. Dr. Bishara is a member of an elite roster of Diplomats of the American Board of Hair Restoration Surgeons worldwide and was the first doctor in Texas to acquire the ARTAS system.

Medical City Arlington



WORTH NOTING ...

Medical City Arlington has been designated a Level II Trauma Center by the Texas Department of State Health Services, making it the first and only hospital in Arlington to achieve this distinguished classification. A Level II trauma designation represents the second-highest level of trauma designation available and reflects Medical City Arlington's dedication to providing optimal care for severely injured patients.

Since its genesis in August 1976, Medical City Arlington has evolved into a 432-bed, full-service hospital located in the heart of the growing South Arlington area. There are more than 1,550 full-time and part-time nurses, therapists, technicians and other healthcare personnel that make up our team.

Medical City Arlington features more than 750 highly skilled physicians who represent a wide variety of medical specialties. Together we form a team that is focused on high-quality care delivered safely in an environment filled with compassion and service.

In many respects there is not much difference when you compare hospitals based on bricks and mortar and to some extent when comparing technologies available for diagnosis and treatment. We recognize and thrive on the fact that what sets us apart from other hospitals in North Texas is our culture. We define our culture.

It starts with how we treat and interact with each other. We support each other. We communicate well. And we make sure that our team has the tools and resources it needs to be able to deliver excellent patient care. We create a workplace where doctors and nurses want to be because they know they are doing meaningful work with a purpose.

Highlighting Medical City Arlington's quest to be the premier healthcare provider in the region, the hospital opened its new

\$60 million Medical City Women's Hospital Arlington last April.

The dedicated Women's Hospital added two floors, more than 125,000 square feet of new and renovated space and 55 beds to the existing building. A multi-disciplinary team of physicians and specially trained staff provide leading-edge treatment in a peaceful environment for women at all stages of life, including high-risk pregnancies and deliveries.

"Medical City Arlington Women's Hospital is where healthcare excellence meets elegance," says Medical City Arlington CEO Keith Zimmerman. "This specialized Women's Hospital provides the full continuum of high-level women's healthcare, from childbirth to gynecology surgery, including access to specialists conveniently located on campus. Our mission is to help women at every stage of life."

Facilities at Medical City Arlington Women's Hospital include:

- A dedicated postpartum floor with 34 private patient rooms, as well as four spacious women's premier postpartum suites.
- 33 women's services medical/surgical rooms, in addition to 23 modern labor and delivery rooms and three C-section operating rooms.
- 35 Level III neonatal intensive care (NICU) beds, including 15 private NICU rooms.
- Two dedicated family overnight stay rooms for NICU patient family members.

Kos/Danchak Audiology & Hearing Aids



Dr. Melissa Danchak, Owner/Audiologist at Kos/Danchak Audiology, has a few very simple professional philosophies: do my absolute best to serve my patients and my employees to the best of my abilities; continue learning and growing so that I can accomplish that, every day!

“What we say we do, we do. That is being verified publicly by the community of physicians that consistently refer their patients to us and the online reviews and recommendations our patients are posting about their experiences,” Dr. Danchak says.

Dr. Danchak believes that the first, and main, priority, is to honor the practice’s commitments to each patient. “Better hearing healthcare is a journey, not a transaction! Each day, we meet with people that give us the opportunity to earn their trust. Their confidence in us and their positive reviews online are humbling to say the least – and we are also grateful for their

willingness to share their experiences publicly as that helps others do something about their hearing healthcare needs.”

For over 35 years, Kos/Danchak Audiology & Hearing Aids has been “Helping North Texans Hear Better”! They have been making a difference in the lives of North Texans Since 1984! They help a grandmother hear her grandchildren more clearly when they speak on the phone. They help a working professional hear better in their place of employment. They help people hear better in social situations and at their place of worship. Dr. Danchak says, “there are not many audiology practices in the North Texas area that can say they’ve been helping people hear better for over 35 years. We believe that how we meet with people and the delivery of the services we provide is ultimately about giving an experience that makes them feel confident in their decision to address their hearing healthcare needs with us!”



Dr. Desi Wood



Dr. Melissa Danchak



Gina Logi, Audiologist

Kos/Danchak Audiology & Hearing Aids • 101 W. Randol Mill Road • 817-277-7039 • northtxhearing.com



Kleiman Evangelista Eye Centers of Texas

On a Mission: Bringing better vision to the world in 2020

“I can do things you cannot, you can do things that I cannot, together we can do great things.” – Mother Teresa.

This quote hangs on the wall where doctors and staff from Kleiman Evangelista Eye Centers of Texas are staying during their Medical Mission in Honduras.

CEO Christian Ellison says, “Every one of us is contributing to our company’s mission to improve peoples’ lives through better vision and outstanding patient experiences. We cannot do what we do without each of our unique contributions. This quote is reflective of our efforts on this mission and reminds me why we all do what we do every day in the States.”

Drs. Anthony Evangelista, Matthew Hildebrand and many teammates from Kleiman Evangelista kicked off the (very appropriate) year 2020 with one goal – to bring life-changing eye care procedures, products and services to those who need it most. In partnership with One World Surgery, a nonprofit which joins with communities and healthcare providers to deliver surgical services to areas of the world where medical care is unavailable or unreliable, the Kleiman Evangelista team spent eight days in Honduras treating patients of all ages who have minimal or non-existent access to eye care.

“Half of the world’s population lacks access to quality surgical care,” says Julie Jung. “One World Surgery transforms lives worldwide by providing access to high quality surgical care through mission trips like ours.”

“These are complex cases on patients who have no other option available to them and often travel days to reach the surgical facility,” says Dr. Hildebrand when discussing the next days’ surgeries. “We have extremely dense cataracts and

dense cataracts here. These aren’t the easy cases we’re used to seeing.”

He and others reported how incredibly gratifying it is to see the reactions and emotions from patients and their family members once a patients’ sight is restored.

“It’s so amazing to watch these people wake up from surgery and

immediately exclaim that they can see again!” says Angela Suhail, a member of the Kleiman Evangelista team.

In addition to surgery, hundreds of pairs of glasses, prescription medications and drops were donated for the mission. The team was able to provide free eye exams and give prescription eyewear to patients who had never truly seen what the world around them looked like.

“Our goal was to help as many patients as possible to see better” says Dr. Evangelista. “The kindness and gratitude from the patients and the dedication of the local staff was energizing for our whole team.”

Dr. Evangelista is joined by Dr. Matthew Hildebrand, Christian Ellison, Alex Grode, Vanessa Sidara, Jessica Blehm and her son Nate, Monica Orlofski, Julie Jung and Angela Suhail.

Kleiman Evangelista Eye Centers of Texas plans to continue their partnership with One World Surgery and is already planning a third visit to Honduras in June. Between missions, they will continue to offer quality eye care and advanced technology

procedures in the DFW area. Monica Orlofski, who’s worked in Ophthalmology for over 30 years says that it’s so rewarding to be able to help patients see better every day. “I’m glad to work for an organization that cares about making a difference,” she says, “and I know we’ve made a difference for so many patients, both here in Texas and in Honduras.”



KLEIMAN | EVANGELISTA
EYE CENTERS OF TEXAS

Arlington/Mansfield Foot & Ankle Centers Part of StrideCare

Advancing foot and ankle care

With two locations, Arlington/Mansfield Foot & Ankle Centers are headed by an expert team of board certified physicians that treat patients so they can enjoy active lifestyles free of foot and ankle pain.

Established in 1986, Arlington/Mansfield Foot & Ankle Centers have been a leading provider of comprehensive foot and ankle care for



more than 30 years. In 2019, AMFAC joined the StrideCare network as a founding practice to help create the most comprehensive Podiatric and Vascular network in the country.

According to Dr. John Landry, “Merging with StrideCare has allowed us to expand the comprehensive nature of our practice, especially in the areas of diabetic foot care and lower extremity wound care, as well as in the prevention of complications in the diabetic foot.”

Both Arlington/Mansfield Foot & Ankle Centers are full-service practices, making it easy for patients to access advanced foot and ankle care. Committed to the use of the latest cutting-edge technologies, the team of physicians uses methods such as digital X-rays, CT scanners, LASERS and Shockwave therapy to produce the most accurate diagnosis and ensure optimal results for each patient. The centers provide care for everything ranging from common concerns like ingrown nails and heel pain, to trauma care and advanced reconstruction of common foot and ankle disorders.

Patient reviews ...

Christi: Doctor Landry and his staff are awesome. He has a great bedside manner, very honest about your treatment and what he can and cannot do for you, and he was just awesome to me through the entire process of stem cell injection. I couldn't ask for a better doctor ... love the man to death ... saved me a lot of pain and a lot of money and gave me an option that really worked for me.

Dannette: Dr. Southerland has consulted me for the last few years with dealing with my bunions. I finally made the decision to have my surgery. I was pleased with the process, although there are a few hurdles ahead of me. I trust that the best decision was made thanks to Dr. Southerland and his wonderful staff.

Victoria: Dr. Warren was extremely polite and knowledgeable, as was his staff and colleagues. He spent time with me discussing the different tendons in my feet and provided me with solutions to relieve my pain. Dr. Warren also let me pick his brain about a few unrelated questions about the foot and ankle. Great guy.

Jim: The staff is always friendly at check in. Dr. Lawrence's nurse is always pleasant and easy to talk to. And Dr. Lawrence is attentive and listens carefully to my concerns.

Christina: The staff is very friendly and professional! Dr. Rabjohn is great! She listens and is very attentive to your needs.

Get started on the path to healthier feet by calling (817) 467-1990, or visiting our website at footanklecenters.com.

Arlington/Mansfield Foot & Ankle Centers

Arlington: 400 W. Arbrook Blvd., Suite 201 • Mansfield: 1001 Matlock Road, Suite 103 • 817-467-1990 • footanklecenters.com



Arlington Family Practice, PA

Founded in 1977, Arlington Family Practice provides comprehensive and preventative health care services to patients of all ages from Arlington and surrounding communities.

The practice features four noted local physicians.

Laura Rice, D.O., has been here since 1997, although she is no longer accepting new patients. Her first love in medicine is functional homeopathic medicine, focusing on women's health.

Tien M. Truong, D.O., has been here since 2006 and loves being a well-rounded family practitioner, treating patients of all ages, both men and women. She strives to use advanced

medical technology in a compassionate and personalized manner.

Sherley Aramath, M.D., has been here since 2012. Dr. Aramath also enjoys treating the whole family. She uses a systematic method, while being a caring doctor who listens to her patients to

treat their chronic or acute illnesses.

Kaitlyn Gorman, NP, has been with us since June 2019 and loves treating all of our patients. Her goal is to empower and educate the patients she sees in our office.



In addition to the physicians, Arlington Family Practice has 12 wonderful women waiting to serve our patients.

The family practice offers virtually complete services for patients. We have our own X-ray and DEXA (for bone density testing) machines in house, and draw our labs here in our office as well. We offer well exams for children, men and women (including paps), acute visits for the flu, coughs and allergies, and manage chronic conditions such as high

blood pressure, high cholesterol, diabetes and more. We also offer immunizations.

Our philosophy is to make patients feel better when they leave than when they came into see us.

Arlington Family Practice, PA • 2415 Matlock Road • 817-277-6444 • arlingtonfp.com

Methodist Mansfield Medical Center

Opened December 27, 2006, Methodist Mansfield Medical Center stands as a beacon of health, hope and healing, while providing modern, quality health care to our neighbors in Mansfield and the surrounding communities, including South Arlington, South Grand Prairie, Kennedale, Venus and Midlothian.

Methodist Mansfield Medical Center has been awarded an "A" Hospital Safety Score by Leapfrog Group, as well as Advanced Primary Stroke Center accreditation by the Joint Commission, and recognition as an Arlington Area All Star by the readers of *Arlington Today* magazine.

Our hospital features 254 beds, up-to-date technology, and a wide array of skilled medical specialists.

Methodist Mansfield Medical Center is a full-service hospital featuring some of the latest patient-centric design, amenities and technology. Electronic medical records and bedside medication

verification are just some of the technological advances that help ensure a safe and comforting environment for our patients.

Equal attention to detail has gone into making visitors feel at home with amenities such as in-room visitor zones with high-speed Internet access, couch/beds, flat-screen TVs and more.

All of our growth, advancements, accreditation, awards and accomplishments have been earned under the guidance of the principles of the Methodist ministers and civic leaders who founded the Methodist Health System more than 80 years ago: life, learning and compassion. We're still growing, learning and improving

— grounded in a proud past and looking ahead to an even brighter future. Whatever your medical need, we are honored that you would entrust us with your health and safety. We understand that we have a solemn responsibility to you and your family, and you can trust that our team takes that commitment very seriously.



Methodist Mansfield Medical Center • 2700 E. Broad St. • 682-242-2000 • methodisthealthsystem.org/methodist-mansfield-medical-center

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Central Park has 4 locations around the metroplex and offers the full range of ENT services including allergy testing and treatment, on site CT imaging, balloon sinuplasty, management of sleep apnea, and comprehensive management of hearing and balance disorders including hearing aid sales and servicing. We treat all ages and take most insurance plans.



Left to right:

J. Mark Palmer, M.D., Chris T. Lee, M.D.
Stuart N. Thomas, M.D., Rene M. Peña, M.D.
Dana B. Gibbs, M.D., Tyler W. Scoresby, M.D.



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Thanks Arlington Today Readers!

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Fort Worth Location

800 Eighth Avenue, Suite 618 • Ft. Worth, Texas 76104 • 817.335.6336

Mansfield Location

221 Regency Parkway, Suite 111 • Mansfield, Texas 76063 • 817.261.9191

info@centralparkent.net • www.centralparkent.net

Baylor Scott & White Orthopedic and Spine Hospital-Arlington

When getting around is getting difficult, expert help is right around the corner. Baylor Scott & White Orthopedic and Spine Hospital-Arlington specializes in providing comprehensive outpatient and inpatient treatment of orthopedic and spine disorders.

For everything from simple back or neck strains to the most complex spine and back surgeries, we combine exceptional care with personal attention and compassion. At the only orthopedic surgery and specialty hospital of its kind in Dallas/Fort Worth, we bring experts close to home.

Baylor Scott & White-Arlington's 24-hour emergency department is always ready to handle sudden pain or injuries, while our technologically advanced operating rooms help our physicians deliver the highest level of surgical care.

Extensive diagnostic imaging includes CT, MRI, X-ray,

arthrograms and myelograms. We offer minimally-invasive treatments for hips, knees, shoulders and spine or, if indicated by the diagnosis, full joint replacements and complex spinal surgery.

The hospital has earned The Joint Commission's Gold Seal of

Approval™ for our Hip and Knee Replacement and Spine Care programs, and Baylor Scott & White-Arlington is the official orthopedic provider of the University of Texas at Arlington athletic department. Plus, it is a Joint Commission certified specialty hospital. We are fully licensed by the state of Texas.

We are committed to providing the utmost in care and comfort for all of our patients. Our focus is on delivering quality, specialized treatment that is compassionate and specifically

appropriate for each individual under our care. From our attentive and caring staff to our specialty trained doctors, you'll be under the best care available and back to doing what you love in no time.



Baylor Scott & White Orthopedic and Spine Hospital-Arlington • 707 Highlander Blvd. • 855-41-ORTHO • bswarlington.com

Open Arms Health Clinic

Last month, Open Arms Health Clinic celebrated a move to a new location with an open house (see photos in Scene on page 20) that celebrated the ongoing commitment by clinic officials to broaden the facility's community outreach.

The new Open Arms is located at 3311 Little Road, where clinic healthcare providers welcomed their first patients in December. The new building marks the first of several expansion projects on tap at Open Arms that were made possible by a generous grant from Arlington Tomorrow Foundation.

Phase II remodeling is underway, with new services to follow, says Open Arms Executive Director Fran Martin, RN, MSN. "Once completed, we'll have room for more patients, more volunteers, more specialized services and more clinic hours," Martin says. "New offerings will include on-site patient health and job skills classes, a computer lab and office space for other much-needed social services."



Open Arms Health Clinic offers compassionate, high-quality care to those who lack access to affordable health services. The faith-based nonprofit clinic is staffed by volunteer professionals and is 100-percent funded by grants and donations.

The clinic provides a Controlling Chronic Illness Program that

gives patients the education, support and tools to take an active role in their own health care. They learn how lifestyle affects symptoms, how to monitor their illness and simple ways to make healthier choices.

This education program for patients with chronic illness is made possible by a grant to Open Arms

Health Clinic from the American Medical Association Foundation, the philanthropic arm of the American Medical Association. The AMA Foundation works with communities across the country to provide significant improvements to some of our most challenging health issues.

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Arlington: 3050 S. Center St., Suite 140, 817-557-1006 • **Mansfield:** 221 Regency Pkwy, Suite 117, 817-477-3611

accentpodiatry.com

Active Family Wellness Center

Active Family Wellness Center was founded by Dr. Kenyon Godwin in 2010 and combines education, training and people-focused service to help communities live longer, stronger, healthier lives. AFWC offers an effective lifestyle modification program



Dr. Kenyon Godwin

called "8 Weeks to Wellness." This program incorporates the best of wellness: Chiropractic, Nutrition, Massage, Fitness and Meditation/Prayer.

The practice offers specific science-based adjustments, corrective care for scoliosis and weakened spines, spinal decompression and injury prevention for all levels of athletes. On the wellness side, AFWC offers eight loss, prenatal adjustments, pediatric adjustments, health talks and organic, all-in-one vitamins. Active Family Wellness Center uses cutting-edge technology and now offers advanced 3D functional movement analysis and the latest software for notes, check-in and appointment reminders.

Active Family Wellness Center

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FOOD as MEDICINE Summit & EXPO

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and President
Patricia Thomson, Ph.D.

The two-day health and wellness event will focus on the role plant-based nutrition plays in preventing and reversing many chronic illnesses including heart disease, Type 2 diabetes, cancer, and auto-immune diseases.

An EXPO with over 30+ Exhibitors and cooking demonstration sessions will be featured throughout the two days to help attendees learn how to incorporate healthy nutrition into their daily lives. Fitness experts will discuss how to achieve an improved level of physical fitness through muscle-building foods. Continuing education credits will be available for physicians and healthcare professionals.

Sponsors: Food Saved Me, VegWorld, SaladMaster, Nature's Plate, Viridescent Kitchen, Miyoko's Creamery, VeganWine.com, Natural Grocery, North Texas Vascular Center, Plant Power Productions, Fitz Lauderdale

For more information or purchase tickets: www.foodasmedicinesummittx.com/



Women caring for women

The doctors of Women's Health Services provide full OB/ GYN services and are skilled in managing all aspects of women's health care, such as normal and high risk pregnancy care, gynecologic surgery, incontinence treatment, annual exams, and contraceptive and hormone therapy needs. We also provide state-of-the-art maternity care in the newly renovated labor and delivery suites at Texas Health Arlington Memorial Hospital. Our goal is to provide quality care with high patient satisfaction. Visit our website and make your appointments online at www.womenshealthservices.com. We look forward to seeing you soon!



North Office:

1001 N. Waldrop, Suite 505
Arlington, TX 76012

South Office:

5005 S. Cooper St, Suite 275
Arlington, TX 76017

Phone 817-277-9415 • Fax 817-277-0360
Email info@womenshealthservices.com

DOCTOR SPOTLIGHT

Dr. Jessica Brown

Originally from Houston, Dr. Jessica Brown attended Baylor University where she received a Bachelor of Arts in Sociology. She completed both medical school and her OB/ Gyn residency training at University of Texas at Southwestern. When she was in medical school, Dr. Brown met her husband, Paul, who is a financial advisor in the DFW Metroplex. In her spare time, Dr. Brown enjoys traveling, learning about different cultures, and trying new cuisines.



An honest and friendly physician, Dr. Brown cares about the doctor-patient relationship. She enjoys educating her patients so that they can take ownership of their health. She's passionate about the obstetrics and gynecology field, especially the areas of family planning, holistic health, adolescent and pediatric gynecology, and minimally invasive surgery.

Dr. Brown is accepting new patients at both the North and South office locations of Women's Health Services.



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 - Preventative and Wellness Care
 - BIOTE Hormone Optimization
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Aging Well Expo is set for Feb. 19



The City's annual Aging Well Expo will be held from 9 a.m. - 2 p.m. on Feb. 19 at the Esports Stadium Arlington + Expo Center (1200 Ballpark Way). This free event is a great way to learn important tips and information about how to live your best life in The American Dream City.

The Aging Well Expo, a coordinated effort of the City of Arlington, Tarrant County and many community sponsors, is expected to feature more than 125 vendors, fitness demonstrations, health screenings, housing resources, information on volunteering in the community, educational presentations, door prizes and more.

The expo will also offer participants a chance to receive screenings for cholesterol, blood pressure and blood glucose, as well as vision, hearing and fall risk evaluation. Flu, pneumonia, whooping cough and tetanus shots along with other vaccinations will be available for free for those who qualify. This year's presenting sponsor is Baylor Scott & White Orthopedic and Spine Hospital at Arlington.

Early registrants are guaranteed a free lunch; otherwise, registration is not required. Walk-in guests are welcome. Parking is free, and assistance will be available from the parking lot to the entrance.

For more: arlingtontx.gov/residents/events/aging_well_expo.

Love That Smile Dental Health Arlington

dinner dancing live music gaming silent auction

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817-618-6730

Women caring for women

The doctors of Women's Health Services provide full OB/GYN services and are skilled in managing all aspects of women's health care, such as normal and high risk pregnancy care, gynecologic surgery, incontinence treatment, annual exams, and contraceptive and hormone therapy needs. We also provide state-of-the-art maternity care in the newly renovated labor and delivery suites at Texas Health Arlington Memorial Hospital. Our goal is to provide quality care with high patient satisfaction. Visit our website and make your appointments online at www.womenshealthservices.com. We look forward to seeing you soon!



North Office:

1001 N. Waldrop, Suite 505
Arlington, TX 76012

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DOCTOR SPOTLIGHT

Dr. Joy Carter

Dr. Joy Carter grew up in the Mid-Cities in Texas. She went to college at Baylor University for her bachelor's in Biology, and then went to Southern Methodist University for her master's in Biology Science. She was accepted to medical school at University of Texas in San Antonio and completed her OB/GYN residency at the UT Medical Branch in Galveston.



After practicing in a solo environment for three years in South Texas, she joined Women's Health Services in 2016. Dr. Carter loves the practice of both obstetrics and gynecology. She focuses on promoting the right health care options for each of her patients. She enjoys taking care of women throughout their reproductive years, pregnancy, and menopause. She is skilled at performing gynecological surgery, including minimally invasive and in-office procedures.

Dr. Carter and her husband, Brian, have three children. When she's not busy with work or family, she enjoys hiking, outdoor camping, and knitting. Dr. Carter practices out of both the North and South office locations of Women's Health Services.