

A HEART FOR HIS PATIENTS

Dr. Bill Nesbitt is opening a new Texas Cardiac Arrhythmia practice in Arlington that will redefine local heart care

It's not an ironic cliché to say that Dr. William Nesbitt's heart races a bit when he thinks of the pending opening of his new Arlington practice. The acclaimed cardiac electrophysiologist really is excited about what Texas Cardiac Arrhythmia will mean to local patients – and to his prospects of growing relationships with them.

"Over the years, I have formed a close bond with my patients in Arlington and have had the privilege of working with outstanding physicians and hospital staff in Arlington," he says. "The residents of Arlington have a strong sense of community that has always inspired me beyond just the practical aspects of medicine. I feel having a presence in the community will provide closer access and make it more convenient for patients over time."

Dr. Nesbitt is no stranger to the city. The Waco native and Baylor graduate arrived here initially by way of Houston and Dallas. He earned his Masters in Public Health, then went to medical school at the University of Texas Health Science Center in Houston and completed his internship and residency in Internal Medicine – and served a year as a Chief Medical Resident – at the University of Texas Houston Medical School.

In Dallas he completed his fellowships in cardiology and cardiac electrophysiology at the University of Texas Southwestern Medical Center before heading to Arlington, where he served as President of Texas Health Heart and Vascular

Hospital in Arlington before joining the Texas Cardiac Arrhythmia team based in North Richland Hills.

Now, he's back. The new Arlington practice, which will be located next to Texas Health Heart and Vascular Hospital and Texas Health Arlington Memorial Hospital in North Arlington, will allow him to be part of an electrophysiology group that can offer a wide array of treatment options and access to local patients searching for compassionate, practical and effective solutions to cardiac issues.

"Both Medical City Arlington and Texas Health Heart and Vascular Hospital have the latest mapping systems, techniques

Dr. Bill Nesbitt is eager to return to Arlington, where he will lead the new Texas Cardiac Arrhythmia practice that will be located next to Texas Health Heart and Vascular Hospital and Texas Health Arlington Memorial Hospital in North Arlington.



Photo: Bruce Maxwell

MEET THIS STELLAR TEAM OF CARDIAC CARE PROVIDERS



(Left) Dr. Nesbitt says he is privileged to get to work with cardiac electrophysiologists Dr. Javier Sanchez, Dr. Kamala Tamirisa and Dr. Senthil Thambidorai, as well as critical care nurse Alicia "Ali" Su. (Above) Dr. Nesbitt is joined in his North Richland Hills office by Shermondra Wright, Chavone Harris and Mary Sobel. "We truly have an outstanding team," he says

and other services to provide the latest advances in cardiac electrophysiology," he says.

Physicians are often asked how they wound up in their specialty fields. For Dr. Nesbitt, the answer is based on both the science and compassion inherent to his particular realm of heart care.

"I was drawn to cardiac electrophysiology due to the complexity of the problems that can be so debilitating to patients, but with potential solutions that can provide a cure in a lot of cases," he says. "Cardiology has been a constantly evolving specialty, and the technological progress has been rapid. In the treatment of arrhythmias, the tools used in most cases are completely different than, say, 10 years ago, and that has directly led to an increase in the safety of the procedures and with better outcomes."

Dr. Nesbitt says that while evolving technology is exciting and important, a caring team of health providers is always at the "heart" of the most successful cardiac care. Consequently, he tries to "walk the walk" as he tends to each patient.

"I strive every day to provide the best possible treatment options with a focus on successful outcomes while always keeping patient safety at the forefront of my mind," he says. "In addition, it is vitally important to me to ensure my patients understand their heart condition completely and know all the available options. We are in this together."

The team that will join and work with Dr. Nesbitt here has quite a history with him. He says the fellowship that permeates Texas Cardiac Arrhythmia is one of the things that inspires him on almost every drive to work.

"I have the privilege of working closely here in North Texas with three cardiac electrophysiologists with Texas Cardiac Arrhythmia,"

he says. "Drs. Javier Sanchez and Kamala Tamirisa are based in Dallas, and Dr. Senthil Thambidorai is based in Fort Worth."

Another key coworker and friend is Alicia "Ali" Su, who has been a critical care nurse and nurse practitioner in Arlington for many years.

"I have the privilege of having her on our team," Dr. Nesbitt says. "We work closely together both in the office and with patients in the hospital, and she brings valuable experience and excellent patient care to the practice."

Mary Sobel is an outstanding medical assistant with whom Dr. Nesbitt has worked for 15 years.

"Mary brings a wealth of experience to both initial patient visits and follow up care," he says. "We have seen so much together, and I am fortunate to be working with her. As one patient told me, 'Dr. Nesbitt, I came to see you, but I will continue to see you because of Mary.'"

The Arlington team will have two other key health care providers initially: Shermondra Wright and Chavone Harris.

"Shermondra is a valuable addition to the practice and goes above and beyond to make the operations of the practice seamless," Dr. Nesbitt says. "And Chavone

Harris has been a recent addition to manage device remote monitoring. I have known her for many years working in the hospital. We have a truly outstanding team."

It will be led by an outstanding doctor, who counts it a blessing to be able to do what he does on a daily basis.

"There's one thing I try never to forget," he says. "And that is that diagnosing and treating patients with electrical disorders of the heart is a privilege. It is a privilege to do what I do."

For more: tcaheart.com. **A**

Coming soon to Arlington ...

What:

The new Texas Cardiac Arrhythmia office will open in December 2021

Where:

902 W. Randol Mill Road
Arlington TX 76012

How to reach the staff:

972-942-8769

(Option #4 for the Arlington office)

tcaheart.com