



Dr. Melissa Danchak has a quarter century of experience helping patients address hearing issues.

Kos/Danchak Audiology & Hearing Aids

Dr. Melissa Danchak began working at Kos/Danchak Audiology in 1997. She has owned the practice since 2002 and continues a tradition of excellence associated with the practice since it opened more than 35 years ago.

With a quarter century of experience helping those with hearing challenges in the Arlington and surrounding communities, Dr. Danchak's passion for providing unparalleled care and service for her patients is on full display with the hundreds of online reviews her patients are sharing. A major key to the practice's success is that Dr. Danchak believes that learning is a lifelong process.

"Like any small business, we experience change, adversity, success, and a whole host of other 'stuff' on a regular basis," she says. "We try to learn, every day. We evaluate how we help people and we try to make the hearing health care experience better for the people that we meet with each day. Our goal is for each person to have a better experience with us every time they visit. The fact that we have thousands of patients that have been trusting us with their hearing needs for 10 and 15 years tells us that we are doing a good job of providing a positive experience for our patients."

Dr. Danchak and her team live by a fairly simple (professional) philosophy: do our absolute best to serve our patients and fellow employees to the best of our ability; continue to learn and grow, every day, so that we can accomplish that in the best way possible! "We make a difference in people's lives," she says. "We see it on their faces when they hear and understand clearly what a loved one is saying. We see it when a spouse or child experiences the feeling of being able to communicate again without raising their voice or repeating themselves. Patients and their families share with us that their investment in better hearing, and us, has changed their lives."

Kos/Danchak Audiology & Hearing Aids

101 West Randol Mill Road • 817-277-7039 • northtxhearing.com



Dr. Renju Raj and the team at IVFMD offer a full range of fertility testing and state-of-the-art treatments.

IVFMD

A state-of-the-art fertility center in the Dallas-Fort Worth metro area, IVFMD offers basic and breakthrough diagnostic and treatment choices to unlock your fertility potential.

IVFMD, located at 600 W. Mayfield Road in Arlington, provides IVF that is both effective and affordable. Established in 1997, IVFMD is one of the few fertility centers in Dallas Fort Worth that can claim 20 years of experience with consistently high IVF pregnancy rates year after year – at a reasonable price.

"We believe in making leading-edge fertility technologies accessible to as many families as possible by reducing the financial stress during the journey toward parenthood," says Dr. Renju Raj, one of three fertility specialists and gynecologists at the practice, along with Dr. Beverly Reed and Dr. Sy Le. "Our Global IVF Fee is one of the most affordable in the country. We are also transparent in treatment cost. You can find clear information about IVF cost on our website. We are also an in-network IVF facility for Aetna, Cigna and United Healthcare. Covered patients do not have to pay out-of-network fees when they use our centers."

IVFMD offers a full range of fertility testing and state-of-the-art treatments, including ovarian reserve and male testing, HSG; minimally invasive reproductive surgery and tubal reversal; IVF, ICSI, PGT/PGD, egg cryopreservation; InvoCell IVF, Mini IVF; and donor egg and surrogacy cycles.

Dr. Raj says the practice's unparalleled personal care sets IVFMD apart: "We are committed to making you a mom."

IVFMD

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Our wide range of surgical and non-surgical services are delivered by a team of highly trained and experienced surgeons utilizing the most advanced technology and techniques to meet our patients' eyecare and lifestyle needs.

Kleiman Evangelista also treats medical eye conditions including glaucoma, diabetic eyecare, and corneal and retinal conditions and offers medical and aesthetic surgical and non-surgical oculoplastic treatments blepharoplasty, ptosis repair, and non-laser aesthetic treatments. At Kleiman Evangelista Eye Centers of Texas, we have teams of doctors, both ophthalmologists and optometrists, who work together to provide holistic care for your eyes.



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Dallas | 5494 Glen Lakes Drive
Gun Barrel City | 505 N. Gun Barrel Lane
Mount Pleasant | 2007 N. Jefferson Ave., Ste.102
Plano | 3645 Dallas Parkway, Suite 545
Southlake | 1825 E. Southlake Blvd



About the Kleiman Evangelista Team

The surgical team at Kleiman Evangelista has four decades of combined experience in ophthalmology.

Dr. Ashish Singh specializes in cataract and refractive surgery, including laser assisted cataract surgery and LASIK, as well as traditional and surgical glaucoma treatments.

Dr. Kelly Fraiser serves as Kleiman Evangelista's Medical Director. A board-certified refractive surgeon, Dr. Fraiser specializes in LASIK and laser vision correction surgery, cataract surgery, and both traditional and surgical glaucoma treatments.

Dr. Moulaye Haidara is a board-certified refractive surgeon, specializing in cataract, glaucoma, and vision correction surgery, including LASIK.

Dr. Adriane Schiano is an ophthalmologist with specialized training in oculoplastic and reconstructive surgery.

Dr. Sahmon Chinichian specializes in cataract and vision correction surgery, including LASIK and minimally invasive glaucoma surgery (MIGS).



Texas Health Arlington Memorial Hospital

Texas Health Arlington Memorial is a 369-bed, acute-care hospital that is ranked among the best hospitals in Dallas-Fort Worth by *U.S. News & World Report*.

With a mission of improving the health of the people in the community, the hospital and physicians on its medical staff are committed to every patient's well-being.

Texas Health Arlington Memorial offers the gamut of health care services, including: behavioral health; cancer care; cardiac rehabilitation; Diabetes care; digestive health; emergency department; ear, nose and throat care; fitness center; heart and vascular; hospice care; imaging; neurosciences; nutrition; orthopedics; rehabilitation; respiratory therapy; sports therapy; women and infants care and wound care.

In addition to the aforementioned services, Texas Health Arlington Memorial Hospital fortifies its bond with the community by offering regular classes focusing on health-related topics, such as childbirth education, family education, cardiopulmonary resuscitation and wellness and prevention.

The hospital has received acclaim on many fronts in recent years. Texas Health Arlington Memorial Hospital has received the Joint Commission's Gold Seal of Approval for Fragility Fracture Certification, the first health care facility in the country to receive Joint Commission certification for a fragility fracture program.

It is also designated as a Magnet hospital by the American Nurses Credentialing Center, an honor that recognizes hospitals for excellence in nursing, and was the first facility in Arlington to earn the designation. In 2019, Texas Health Arlington Memorial received a Get With The Guidelines® award for stroke and/or heart failure care, earning Gold Plus and Target Heart Failure Honor Roll award levels.

Texas Health Arlington Memorial Hospital

800 W. Randol Mill Road • 877-847-9355
texashealth.org/locations/texas-health-arlington-memorial



Photo: Charles Davis Smith

Methodist Mansfield Medical Center

Methodist Mansfield Medical Center celebrated its recent 15th birthday with a drone light show that was a fitting tribute to one of the community's brighter healthcare beacons. Since opening its doors in 2006, Methodist Mansfield has welcomed more than 23,000 new lives into the world, performed more than 53,000 surgeries, and treated nearly 1.2 million patients. The hospital is one of the larger employers in Mansfield, with nearly 1,300 nurses and employees. In addition, some 256 independently practicing physicians have joined the medical staff.

Methodist Mansfield has grown from 88 beds to 262, and its medical services have expanded to include some of the latest in medical technology. The hospital has also achieved Magnet® recognition, the highest distinction bestowed by the American Nurses Credentialing Center to healthcare organizations for nursing excellence and high-quality patient care. The hospital is also designated a Level III Advanced Trauma Center, a Level III Neonatal Facility, and a Maternal Level III sub specialty care facility in perinatal care.

Last year the hospital also joined Texas Tech University Health Sciences Center School of Nursing and the City of Mansfield to bring the first Texas Tech University System satellite campus to Tarrant County.

"It has truly been a privilege to serve our patients and families here in Mansfield and in the surrounding communities," Methodist Mansfield President Juan Fresquez Jr. says. "We have a beautiful, patient-centered, advanced facility, but it is our dedicated people who are highly skilled and honored locally and nationally who are the heart and soul of this hospital. This year to keep pace with the more than 699,000 emergency room visits and increasing number of patients who place their trust in us, we will be adding new employees and new physicians to our medical staff and expanding our services, and we look forward to being a part of the health of this community for many years to come."

Methodist Mansfield Medical Center

2700 E. Broad St. • 682-242-2000
methodisthealthsystem.org/methodist-mansfield-medical-center



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Central Park, Ear, Nose, and Throat & Central Park Surgery Center

Our mission is to provide comprehensive treatment of the highest quality for all problems of the ears, nose, throat, head and neck. By incorporating the latest technology, emphasizing through patient education and making your individual needs the highest priority, our team of Board Certified ENT specialists and support staff aims to deliver the best patient experience possible.

Central Park has 5 locations around the metroplex and offers the full range of ENT services including allergy testing and treatment, on site CT imaging, balloon sinuplasty, management of sleep apnea, and comprehensive management of hearing and balance disorders including hearing aid sales and servicing. We treat all ages and take most insurance plans.



Stuart N. Thomas, M.D.

Dana B. Gibbs, M.D.

Tyler W. Scoresby, M.D.

Rene M. Peña, M.D.

Chris T. Lee, M.D.

DALLAS LOCATION

4300 N. Central Expressway, Suite 110
Dallas, Texas 75206
972.884.5606

ARLINGTON LOCATION

409 Central Park Drive
Arlington, Texas 76014
817.261.9191

DALLAS CHARLTON LOCATION

3430 W. Wheatland Road, Suite 209
Dallas, Texas 75237
972.780.1496

FORT WORTH LOCATION

800 Eighth Avenue, Suite 632
Fort Worth, Texas 76104
817.335.6336

MANSFIELD LOCATION

221 Regency Parkway, Suite 111
Mansfield, Texas 76063
817.261.9191

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Ear/Nose/Throat
Practice

Thanks Arlington Today Readers!





Baylor Scott & White Orthopedic and Spine Hospital-Arlington

Overcoming chronic neck, back or joint pain can bring incredible improvement to your quality of life – but not if you put off dealing with it. Some have endured the pain for so long that they have forgotten what “normal” feels like.

Does this sound familiar? If so, you (or a loved one’s) relief begins with having a plan and then taking action. Your plan begins with a place. Arlington is fortunate to have one of the nation’s top-rated facilities for treating and solving the issues that cause these types of pain.

Helping people “get back to normal” is Baylor Scott & White Orthopedic and Spine Hospital – Arlington’s reason for being. This unique, industry-leading specialty hospital centers on comprehensive outpatient and inpatient treatment and provides orthopedic surgery, spine treatment, joint replacement, diagnostic imaging, pain management, sports medicine and physical therapy and rehabilitation.

This is Dallas-Fort Worth’s only hospital that concentrates strictly on providing orthopedic and spine care. This allows Baylor Scott & White Arlington to provide a safe, serene and focused health care environment to reduce the tension or apprehension patients might feel about going to a hospital.

Combining exceptional care with personal attention and compassion is the hospital’s priority, whether treating a simple neck strain or a complex joint surgery. The boutique-style facility offers an exceptional staff and 10 operating rooms, complete diagnostic imaging capabilities, and a Pain Management Center. The hospital also has a full-service ER open 24/7 making it a great alternative for emergency care.

When you are ready to get back to getting around, Baylor Scott & White Arlington is ready, too.

Visit www.bswarlington.com for a full list of physicians, services and to schedule an appointment.

Baylor Scott & White Orthopedic and Spine Hospital-Arlington
707 Highlander Blvd. • 855-41-ORTHO • Fax: 817-583-7107
bswarlington.com



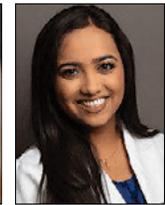
Dr. Joan Bergstrom



Dr. Jessica Brown



Dr. Joy Carter



Dr. Maya Kuriakose



Dr. Kiran Nangrani



Dr. Dawnette Peppler



Dr. Sheri Puffer

Women’s Health Services

Dr. Joan Bergstrom, founded Women’s Health Services in 1986 when she completed her residency in Kansas City, Kansas, and moved to Arlington to become the first female Ob-Gyn in the city. Her practice now has six other women physicians serving women patients: Dr. Jessica Brown, Dr. Joy Carter, Dr. Maya Kuriakose, Dr. Kiran Nangrani, Dr. Dawnette Pepper and Dr. Sheri Puffer.

WHS has two locations in Arlington. The North office is located adjacent to Texas Health Arlington Memorial Hospital, where the group does all deliveries and inpatient surgeries. The South office is at Cooper and Wimbledon, just south of I-20.

Women’s Health Services has been a steady provider of women’s healthcare for more than three decades. Patients can count on Dr. Bergstrom and her colleagues to be accessible for any female issues from puberty through menopause.

The doctors of WHS provide services for pregnancy, birth control, heavy periods, treatment for uterine prolapse and urinary incontinence, menopausal hormonal changes and well woman exams.

The group performs all their in-patient hospital services at Texas Health Arlington Memorial Hospital, Arlington’s Community Hospital, which promotes the highest standard of health care for all patients in the Metroplex. Texas Health Arlington Memorial Hospital finished a complete renovation of the Women’s Services facility just over two years ago.

Women’s Health Services offers full obstetrical and gynecological services. The team’s philosophy is to promote a comfortable atmosphere with expert services in all aspects of female health. The practice has an electronic appointment booking system and are upgrading the system to include an app to access and update patient health records and communicate with the staff and doctors of WHS through your cell phone.

Women’s Health Services
1101 N. Waldrop, Suite 505 • 817-591-2715 • 5005 S. Cooper St., Suite 275
817-677-1003 • womenshealthservices.com





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Dr. Rene Perez, Jr.; Dr. Stuart Thomas; Dr. Tyler Scoresby; Dr. Dana Gibbs; and Dr. Chris Lee comprise the Central Park ENT physician team.

Central Park Ear, Nose and Throat

The board certified physicians of Central Park Ear Nose Throat work as a team to provide the best quality of service to their patients. Drs. Rene Pena, Jr.; Stuart Thomas; Tyler Scoresby; Dana Gibbs; and Chris Lee have devoted their careers to helping people with allergy issues, ear infections, hearing impairments, colds and sinus infections. The Central Park ENT healthcare providers believe that by assisting others through education and compassion, they can improve and restore quality of life for patients and their loved ones.

With offices located throughout the Metroplex (including sites in Arlington, Mansfield, Dallas and Fort Worth), Central Park ENT has experienced and compassionate doctors and practitioners who can help with any ear, nose, or throat condition you may have. From allergy treatment to hearing aids, sinus surgery, thyroid conditions, and much more, the team of caring ENT doctors is easily accessible to help patients and their families.

The doctors encourage patients to take a few moments to visit the practice website, centralparkent.net, for information on allergies, preparing for your visit and the doctors. You can also view videos, and, once your visit is complete, you can take a short satisfaction survey.

The in-depth explanations on the website can help you determine if and when visiting the clinic will benefit you the most. For general health information, Central Park ENT's blogs are posted on a regular basis to help patients get information on how to prevent diseases, illness and discomfort in their daily lives.

The Mission at Central Park ENT is to provide the highest quality treatment for all ear, nose and throat problems by emphasizing patient education, incorporating the latest technology and making your individual needs a first priority.

Central Park Ear, Nose and Throat

Arlington: 409 Central Park Drive • Mansfield: 221 Regency Pkwy, Suite 111
817-261-9191 • centralparkent.net

Dr. Kenyon Godwin, Curis Functional Health

Dr. Kenyon Godwin recently moved his wellness practice to the Curis Functional Health team, believing that the transition was a natural extension of his long-held quest to improve the lives of area residents. "Curis Functional Health is growing and focused



Dr. Kenyon Godwin

on providing complete holistic patient-centered care within the communities they serve," he says. "I love the model: chiropractic, counseling, and functional nutrition. The model is in alignment with my model of mind, body, and spirit. The people and teams involved are awesome, and the potential to advance the health status of our community leveraging the resources of a

group is exciting."

Curis Functional Health has four offices, including Dr. Godwin's two offices in Arlington. "What that means," he says, "is that we can now leverage each other's strengths and refer for specific issues."

Curis Functional Health

4927 S. Collins St., Suite 105 • 4120 N. Collins St., #200
817-557-2770 • gocuris.com

Arlington Family Practice

Arlington Family Practice was established in 1977 by Dean Peyton, DO. Now led by Dr. Sherley Aramath, M.D., and Dr. Tien Truong, D.O., the practice continues to carry out his dream of providing quality medical care in a fun and loving environment.

The Arlington Family Practice health care team serves patients of all

ages from Arlington and surrounding communities with a wide range of medical and health services.

The practice offers annual physicals, immunizations, x-rays, EKG, pulmonary function tests, DEXA scans and more.

Drs. Aramath and Truong also treat minor injuries and have family planning services.

"We believe you receive the best care when you consistently see one doctor who is able to gain a detailed understanding of you and your family's medical needs," Dr. Truong says. "Our staff can also work with you to help you choose a doctor that fits you best."



Dr. Tien Truong and Dr. Sherley Aramath

Arlington Family Practice

2415 Matlock Road • 817-277-6444 • arlingtonfp.com



Cancer Prevention: Five Ways to Protect Your Health

Over the course of a lifetime, one in three women will develop cancer. For men, the odds are one in two. The good news is that at least 42% of common cancers may be preventable, according to the American Cancer Society. Here are five simple steps to lower your risk of developing cancer.

1. Schedule Screenings

Screening exams are the most effective way to detect cancer in its earliest stages – often before it has spread and when treatment is the most effective. Call your physician to schedule your annual screenings.

2. Eat Right

To bolster your body's defenses against cancer and other illnesses, limit your intake of sugars, saturated fats, trans fats, and alcohol. Instead, opt for healthy foods like nutrient-packed produce, dark, leafy greens, and a variety of seasonal fruits and cruciferous vegetables.

3. Get Moving

Whether you prefer biking, gardening, walking, or yoga, it's important to get active. Incorporating regular physical activity into your daily routine can reduce your risk for several major cancers.

4. Practice Sun Safety

Limit exposure to UV rays by avoiding indoor tanning, applying sunscreen year-round, and wearing protective clothing that covers your skin.

5. Stop Smoking

Research shows that smoking cessation is paramount to lung health, and smokers who quit are more likely to live healthier and longer lives, while greatly decreasing their lung cancer risk. If you need smoking cessation support, call the Quitline at 1-877-937-7848.

For more information on cancer prevention, visit TexasOncology.com.



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From diagnosing symptoms to managing and treating existing conditions, Methodist Cardiovascular Consultants has assembled a team of doctors and professional staff ready to help with even the most complex issues. With decades of experience and specialized training, we're proud to provide the exceptional, advanced cardiovascular care our friends and neighbors deserve. That's community. And why so many people **Trust Methodist**.

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A temporary, drive-thru COVID-19 test site is open near Choctaw Stadium through Feb. 8

The Federal Emergency Management Agency (FEMA), the State of Texas, Tarrant County and the City of Arlington announce a partnership to open a temporary, drive-thru COVID-19 test site near Choctaw Stadium.

The testing site was created in response to the rise of COVID-19 cases and the surge of Omicron transmission, which is driving an increase in demand for testing countywide. The site, which will operate seven days a week from 9 a.m. to 7 p.m. through Tuesday, Feb. 8, will be located in Texas Rangers' Sienna Lot M at 1205 Pennant Drive. The testing site can only be accessed by entering southbound on AT&T Way.

"The Omicron variant has brought a pandemic high of illness that has triggered a demand for testing unlike anything we've

seen in our journey with COVID thus far," says Tarrant County Commission Devan Allen. "We know testing is a critical tool in developing plans to mitigate the spread and the community is understandably concerned about appointment availability and wait times. We have been working diligently to increase capacity throughout the county, and I want to thank everyone who has helped stand up this new FEMA surge testing site near Choctaw Stadium so quickly."

About the Drive-Thru Test Site

- Testing is free and open to all ages. No insurance information will be collected.
- Each individual seeking a test is asked to pre-register online to provide contact information for results and to select an appointment time

slot. Multiple people in the same vehicle can receive a test during the same time slot. A QR code will be provided for each person receiving a test and must be shown at the test site as appointment confirmation. On-site registration is possible, but pre-registration is highly recommended to reduce waiting times.

- Results will be available between 24 to 36 hours. Register at: inedacovid19test.com and then select Texas and then Choctaw Stadium, Parking Lot M, 1205 Pennant Drive, Arlington.
- The test is a self-collected shallow nasal swab test. Individuals will swab the inside of their nose with direction from on-site staff. Parents or legal guardians will need to swab small children. Anyone under 18 years of age will need a parent or guardian to register them online and their consent to receive testing.

UTA researcher develops a headset that can detect when an epilepsy seizure occurs

VP Nguyen, an assistant professor at The University of Texas at Arlington, has developed a wearable headset that detects when epilepsy patients are having seizures and records data that doctors can monitor and review.

The device would allow millions of people worldwide to receive treatment on an outpatient basis, rather than having to stay in expensive inpatient epilepsy monitoring units. The sensors on the headset transmit information wirelessly to the cloud, allowing physicians to access data at any time.

"The headset is less expensive, less restrictive and allows patients to live a more normal life," says Nguyen, assistant professor in the Computer Science and Engineering Department. "It could also

offer greater security for patients who live alone because it could send a message to a family member, friend or health care provider that a seizure is occurring so help can be dispatched."

More than 50 million people worldwide have epilepsy,

making it one of the more common neurological diseases. With proper diagnosis and treatment, up to 70% of those people could live seizure-free.

When a patient suffers a seizure, his or her body can shake due to involuntary muscle spasms, and brain activity and heart rate change. The headset contains multiple sensors that detect brain and muscle activity, heart rate and head motion to detect the onset of a seizure. The information collected can help doctors determine when seizures are happening and what type of seizure a patient is experiencing, allowing for the creation of a better treatment plan.

Nguyen has tested the device on 17 patients in the UT Southwestern Department of Neurology since August 2021. The study is ongoing and will include up to 150 patients. He says that the doctors there have been supportive of the device, and he hopes to advance past the validation phase of testing to see how it performs in real situations.

Nguyen's research is funded in part by the Sony Research Award Program. He was one of 13 researchers worldwide to receive grants from the program in 2020.

- Herb Booth, UT-Arlington Communications



VP Nguyen



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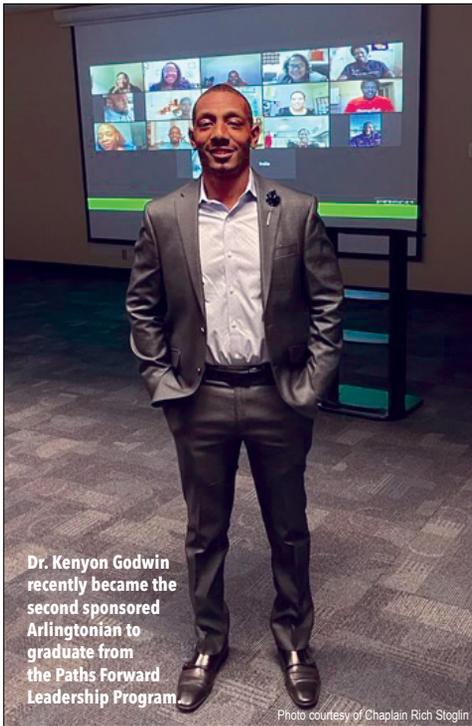
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- Twilight advantage – receive the twilight rate 1 hour prior to normal twilight start time.
- 8-day advance reservation privilege.
- Discounts applicable on internal tournaments and events.



2022 PRICE: \$119⁹⁹ or \$159⁹⁹ (Includes GHIN Handicap Service)

For more information on the 2022 Frequent Players Club, please call or visit one of our golf shops. Prices of membership are subject to change without notice. Not valid with any other offers, replay fees, external tournaments, leagues, or on City observed holidays. This offer is good January 1, 2022 through December 31, 2022 regardless of purchase date. Card must be presented at each visit. We will send you periodic emails detailing upcoming golf and food specials. All data is kept confidential, and you may opt-out of our communications at any time.



Dr. Kenyon Godwin recently became the second sponsored Arlingtonian to graduate from the Paths Forward Leadership Program

Photo courtesy of Chaplain Rich Stoglin

Dr. Kenyon Godwin is a member of the Paths Forward Class of '21

Dr. Kenyon Godwin, owner of an Arlington-based wellness practice that is part of the Curis Functional Health team, is a recent graduate of the 2021 Paths Forward Leadership Program conducted by the Fort Worth Metropolitan Black Chamber of Commerce.

This graduating group was the last class started under the leadership of the late FWMBCC President and CEO Devoyd (Dee) Jennings.

Thanks to Mike and Becky Gerro of Arlington, Dr. Godwin became the second sponsored Arlingtonian to graduate from the Paths Forward Leadership Program. The program is designed to prepare promising African-American professionals to participate as leaders in the local community.

Methodist Mansfield Medical Center is the first hospital in Southeast Tarrant County to perform a TCAR procedure

Methodist Mansfield Medical Center now offers a new minimally invasive surgical procedure called Transcarotid Artery Revascularization (TCAR) to treat high-risk patients with carotid artery disease.

Carotid artery disease is a form of atherosclerosis, or a buildup of plaque, in the two main arteries in the neck that supply oxygen-rich blood to the brain. If left untreated,



carotid artery disease can often lead to stroke.

Chris Henry, MD, vascular surgeon on the medical staff at Methodist Mansfield, and operating staff successfully completed the first TCAR procedure in Southeast Tarrant County last month on an 85-year-old woman from Johnson County suffering from atherosclerosis.

TCAR is clinically proven to be a safe procedure that temporarily reverses blood flow during the procedure so that any fragments of plaque that may break off are diverted away from the brain, preventing a stroke from happening. A stent is then placed inside the artery to stabilize the plaque, improve blood flow to the brain, and minimize the risk of a future stroke.

"It is exciting to offer this new innovative technique to fight against stroke to individuals with carotid artery disease in our community," says Methodist Mansfield Medical Center President Juan Fresquez Jr. "This procedure can provide patients with a faster recovery time and a lower risk of complications due to age or medical history."

Produced by Silk Road Medical Inc., the ENROUTE® Transcarotid Neuroprotection and Stent System are the first devices designed and FDA-approved specifically for TCAR.

For more information on Methodist Mansfield Medical Center visit

methodisthealthsystem.org/Mansfield.

Grand Prairie launches a new health program: Get Fit GP

The City of Grand Prairie and community partners have initiated Get Fit Grand Prairie – a citywide wellness initiative connecting residents to local resources for improving health through physical fitness and healthy food options. Get Fit GP is designed to encourage Grand Prairie residents of all ages to improve their health.

The initiative offers Get Fit Videos, a Healthy Kids program, a Diabetes Prevention program and a schedule of Get Fit events.

Community organizations and businesses are invited to partner with the City of Grand Prairie on the health initiative

For more: gptx.org/getfitgp.

